

Deanship of Graduate Studies
Al-Quds University

**The Nutritional Status and Dietary Pattern of
School-aged Children in East Jerusalem
2002/2003**

Christine Pierre Bandali Jildeh

M.P.H Thesis

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**The Nutritional Status and Dietary Pattern of
School-aged Children in East Jerusalem**

2002/2003

By

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B. Sc. In Business and Entrepreneurship from
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Faculty of Public Health
Deanship of Graduate Studies

**The Nutritional Status and Dietary Pattern of
School-aged Children in East Jerusalem
2002/2003**

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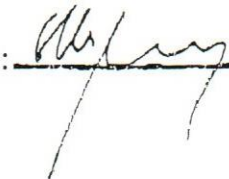
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Al-Quds University

2004

Declaration:

I certify that this thesis submitted for the degree of Master is the result of my own research, except where otherwise acknowledged, and that this thesis (or any part of the same) has not been submitted for a higher degree to any other university or institution.

Signed: Christine Jildeh

Christine Pierre Banali Jildeh

Date: 3rd June 2004

DEDICATION

This thesis would not be possible without the loving support of so many people, as a woman usually too full of words, I find myself overwhelmed in offering them all my thanks in dedicating this thesis to them.

The single most formative environment for me, as, I believe, for anyone, was of course my home, which having been and continuing to be a home filled with books proved to be a very stimulating place in which to grow up – our small house always just a step away for whenever the bookishness had to be counterbalanced. To my dad Pierre and Mom Nariman, who are my strength and purpose in life. With the exception of God, nothing is more important. You have gone through a very tough time and carried most of the burden so that I can finish my studies. How do I say it, except: *"Thank you!"*

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Samuel Beckett, *Waiting for Godot*

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List of Abbreviations

24-h-RQ	24-Hour Recall
BMI	Body Mass Index
CDC	Center for Disease Control and Prevention
CSFII	Continuous Survey of Food Intakes of Individuals 1994-1996
DOP	Declaration of Principles
EDHS	The Egyptian Demographic and Health Survey
DOP	Date of Birth
FPNHANS2000	First Palestinian National Health and Nutrition Survey 2000
GS	Gaza Strip
Hb	Hemoglobin
ICH	Immunization and Child Health
IDA	Iron Deficiency Aneamia
IDD	Iodine Deficiency Disorder
IHI	Israeli Health Insurance
IMR	Infant Mortality Rate
MCHC	Mothers and Children Health Care
MMR	Maternity Mortality Rate
MOE	Ministry of Education
MSR	Multi Sector Review
MUFA	Mono Unsaturated Fatty Acid
NGOs	Non-governmental Organizations
ORS	Oral Rehydration Solution
PA	Palestinian Authority
PCBS	Palestinian Central Bureau of Statistics
PHC	Primary Health Care
PLO	Palestinian Liberation Organization
PMOH	Palestinian Ministry of health
PNA	Palestinian National Authority
PUFA	Poly Unsaturated Fatty Acid
RDA	Recommended Dietary Allowance
SD	Standard Deviation

SFA	Saturated Fatty Acid
SPSS	Statistical Program for Social Science
SS	Student Survey
TFR	Total Fertility Rate
UK	United Kingdom
UN	United Nations
UNGA	United Nation General Assembly
UNICEF	United Nation Children Fund
UNRWA	United Nations Relief and Working Agency
	United Nations Office of the Special Coordinator in the Occupied
UNSCO	Territories
UNSCOP	United Nations Special Committee on Palestine
USAID	United States Agency for International Development
USDA	United States Department of Agriculture
VAD	Vitamin A Deficiency
WB	West Bank
WFP	World Food Programme
WHO	World Health Organization