

# **Social Anxiety and its relation to the Psychological Hardiness of violated women in the Bethlehem and Hebron governorates**

**Prepared by: Shireen Mahmoud HussainAwad”Hroub”**

**Supervised by: Dr. Ola Hussein**

## **Abstract**

The aim of this study was to identify the social anxiety and its relation to the psychological hardiness of vilolated women in Bethlehem and Hebron governorates, and to identify the relationship between the level of social anxiety and the level of psychological hardiness. In order to achieve the objectives of this study, the researcher used the descriptive approach. The sample size was (130) women in Bethlehem and Hebron governorates that was Intentionally selected. After conducting the appropriate statistical analysis, the results showed that the level of social anxiety among vilolated women was averaged at (2.77), and that their psychological hardiness was averaged at (3.35). The results showed that there was a statistically significant negative relationship between the levels of social anxietyand psychological hardiness level. It was also found that there were statistically significant differences in the level of social anxiety and psychological hardiness of vilolated women in Bethlehem and Hebron governorates due to the variable (age, education level, and career). However, there were no statistical significant differences in the level of psychosocial hardiness of vilolated women due to the variable of living place. Moreover, there were no statistically significant differences in the social anxiety and psychological hardiness of vilolated women relative to the social variable.

At the end of thisresearch, the researcher recommended the need for further research in social anxiety and its relationship to the psychological hardiness of vilolated women.