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(3955) (4045) (8000)
(319)

.(0.801)

(Cronbach Alpha)

(T-test) ()

.(ANOVA)

(2.64)

(2.73)

(2.94)

(3.28)

.(2.9)

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Abstract

The Extent of at Al-Quds University the students Practice of Extracurricular Activities

This study aims at identifying the extent of the students Practice at Al-Quds University of extracurricular activities. The population of the study has been composed of all students at Al-Quds University from scientific and arts faculties who were enrolled at the university for the academic year 2008/2009. The total number of the students according to official records at the University was (8000) students, including (4045)female students and (3955) male students.

The sample of the study consisted of (319)male and female students which was selected as stratified random way according to the variables of the study. The female researcher has used a questionnaire which was prepared to measure the students practices for extracurricular activities. The validity and reliability of the questionnaire was established by appropriate ways.

The researcher has used the means and standard deviations to measure the extent of the students practice at Al-Quds University for extracurricular activities. To test the hypotheses, the female researcher has used (t-test) and analysis of variance test (one way ANOVA).

The findings of the study showed that the extent of the students practice at Al-Quds University for the extracurricular activities where the means in all fields of study, where the average of their whole practice in the social sphere is (3.28), followed by motor sport sphere (2.94), and the technical sphere (2.73), and the cultural sphere (2.64), as well as the overall degree of the scale (2.9). The study has showed that there is no statistically significant differences attributed to the variables of the study (sex, college, study level) on the overall degree of measure.

In light of these findings, the female researcher has recommended to conduct a comparative study in the extracurricular activities of preferred among university students, and that university urges the university students to participate in activities through the development of a program to familiarize students to these activities

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