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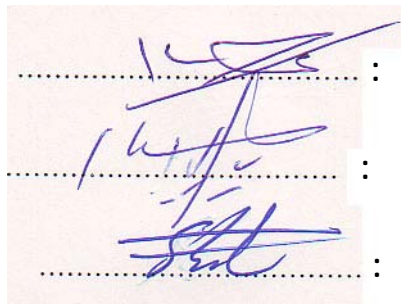
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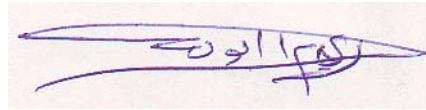
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# **The Psychological and social needs of elderly in shelters in Bethlehem governorate**

**Prepared by: Rema Abu Nimah**

**Supervisor: Dr. Omar Al-Rimawi**

## **Abstract:**

This study aims to identify the psychological and social needs of the elderly in shelters of Bethlehem district. The researcher followed a descriptive method to suit the purposes of the study, and used questionnaire created by the researcher to measure the social and psychological needs of the elderly. The questionnaire was validated and its reliability proven before it was used. The study was conducted on a selected sample of 124 elderly males and females, and used statistical software packages (SPSS) in data processing and analysis.

The results of the study show that the total score of the responses of the elderly in the shelters in the Bethlehem province was intermediate with a median of (3.5) and a standard deviation of (1.4). The results also show that there are no statistically significant differences between the means of social and psychological needs of the elderly in shelters in Bethlehem related to the variables of sex, marital status, and number of children. However, there are statistically significant differences between the averages of the psychological and social needs of the elderly in shelters in Bethlehem related to the variables of education levels, and monthly income.

As is clear from the results of the study that more needs to these elderly people, is the feeling of happiness when visiting their children to them, as well as the need for love and affection by others, and also the need for social relations of friendly, has also emerged that they need moral support from others, and to get rid the sense of social isolation.

Based on the found results, the researcher makes several recommendations including the development of institutional care and inpatient care services for older age groups and increase their efficiency, Implementation of counseling programs for the elderly and improve their mental health. And providing psychological and social support for the elderly.

The researcher recommended further studies and scientific research on the topic of social and psychological needs of the elderly, And its relationship with other variables, as the Palestinian libraries lack of such studies, especially Yet to be proven by the results of the current study, the presence of the needs of the elderly that they didn't get. Study the subject of aging, because of its great importance, and to focus on this important segment, which gave for the community a lot of effort and expertise, and provide care for them.



## الفصل الأول

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## 1.1 المقدمة

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.(Bendetti, Borgers. Petroski, &Gonclves, 2008)

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## 2.1 مشكلة الدراسة

## 3.1 أسئلة الدراسة

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## 4.1 فرضيات الدراسة

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### 5.1 أهداف الدراسة

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## 6.1 أهمية الدراسة

## 7.1 حدود الدراسة

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## 8.1 مصطلحات الدراسة

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## الفصل الثاني: الإطار النظري والدراسات السابقة

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## 1.2 الإطار النظري

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## 2.2 الدراسات السابقة:

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(%68.4)

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(%23.5)

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(%20.6)

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(%67)

(%19,7)

(%13,3)

(Krop, et, al, 2007)

(100)

(Scogin, et, al, 2007)" "

(134)

(Elizabeth M. Rash,2007)

: :

(Paenye& Fletcher, 2005)

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(Creanza&Mcwhirter,2003)

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(Bruno, Booth & Marin, 1996)

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(2012 ) (2011 ) (2009 ) (2008 )

(Paenye& Fletcher,2005) (Rash,2007) (2012 )

.(Creanza&Mcwhirter,2003)

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.(2008 ) (2005 )

(2000 ) (2003 ) (2012 )

(2010 ) (2012 )

) .(Creanza&Mcwhirter,2003)

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## الفصل الثالث: منهجية الدراسة وإجراءاتها

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**1.3 منهج الدراسة:**

**2.3 مجتمع الدراسة:**

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(354)

**3.3 عينة الدراسة:**

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(1.3)

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:(1.3)

%35.5	44		
%64.5	80		
%8.1	10		
%54	67	( - )	
%23.4	29		
%14.5	18		
%12.9	16	/	
%34.7	43	/	
%5.6	7	/	
%46.8	58	/	
%45.9	57		
%32.3	40	1000	
%13.7	17	3000-1000	
%8.1	10	3000	
%18.5	23		
%14.5	18	3	
%48.4	60	5-3	
%18.5	23	5	
%100	124		

### 4.3 أداة الدراسة:

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### 5.3 صدق الأداة:

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0.00	0.32	24
0.00	0.39	25
0.00	0.37	26
0.00	0.51	27
0.00	0.43	28
0.00	0.36	29
0.00	0.46	30
0.02	0.48	31
0.00	0.34	32
0.01	0.23	33
0.00	0.30	34
0.00	0.22	35
0.00	0.19	36
0.00	0.21	37
0.00	0.49	38
0.01	0.19	39
0.01	0.11	40
0.01	0.20	41
0.00	0.56	42
0.00	0.42	43
0.05	0.09	44
0.04	0.06	45
0.05	0.03	46

0.00	0.45	1
0.00	0.46	2
0.00	0.48	3
0.00	0.34	4
0.00	0.53	5
0.00	0.37	6
0.00	0.46	7
0.00	0.57	8
0.00	0.55	9
0.00	0.32	10
0.00	0.47	11
0.00	0.03	12
0.00	0.12	13
0.00	0.21	14
0.00	0.06	15
0.00	0.19	16
0.00	0.27	17
0.00	0.01	18
0.00	0.10	19
0.00	0.02	20
0.00	0.03	21
0.00	0.17	22
0.00	0.42	23

### 6.3 ثبات الأداة:

(0.72)

### 7.3 إجراءات الدراسة

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### 8.3 متغيرات الدراسة

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### 9.3 التحليل الإحصائي:

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$(\alpha \leq 0.05)$

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### 10.3 مفتاح التصحيح

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## الفصل الرابع: نتائج الدراسة ومناقشتها

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1.1.4

2.1.4

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1.4

1.1.4

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			#
مرتفعة	0.84	4.67	39
مرتفعة	0.74	4.59	30
مرتفعة	0.84	4.35	33
مرتفعة	1.06	4.34	29
مرتفعة	0.72	4.31	32
مرتفعة	1.01	4.31	38
مرتفعة	0.91	4.19	21
مرتفعة	1.07	4.19	27
مرتفعة	1.10	4.08	5
مرتفعة	1.12	4.06	9
مرتفعة	0.92	4.04	6
مرتفعة	1.35	4.01	7
مرتفعة	1.13	4.00	11
مرتفعة	1.18	3.97	31
مرتفعة	1.11	3.94	2
مرتفعة	1.22	3.93	8
مرتفعة	1.43	3.88	4

			#
مرتفعة	1.09	3.81	34
مرتفعة	1.10	3.80	36
مرتفعة	1.16	3.77	10
مرتفعة	1.24	3.73	1
مرتفعة	1.42	3.70	23
متوسطة	1.28	3.65	13
متوسطة	1.31	3.61	3
متوسطة	1.21	3.56	43
متوسطة	1.38	3.52	41
متوسطة	1.24	3.51	22
متوسطة	1.51	3.51	26
متوسطة	1.19	3.48	35
متوسطة	1.40	3.42	28
متوسطة	1.40	3.39	42
متوسطة	1.46	3.22	12
متوسطة	1.22	3.13	45
متوسطة	1.54	3.01	24
متوسطة	1.28	2.98	44
متوسطة	1.18	2.98	20
متوسطة	1.24	2.95	19
متوسطة	1.61	2.91	25
متوسطة	1.34	2.90	18
متوسطة	1.32	2.81	37
متوسطة	1.41	2.59	14
متوسطة	1.37	2.35	40
منخفضة	1.25	2.28	46
منخفضة	1.17	1.98	16
منخفضة	1.00	1.97	17
منخفضة	0.91	1.77	15
متوسطة	1.40	3.50	



(1.4)

(3.5)

(1.4)

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### 2.1.4

$(\alpha \leq 0.05)$

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(2.4)

(Independent t-test)

Independent ) " "

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0.10	-0.70	122	0.26	3.48	44	
			0.35	3.52	80	

(2.4)

( $\alpha \leq 0.05$ )

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3.1.4

( $\alpha \leq 0.05$ )

.(3.4)

(3.4)

0.23	3.63	10	
0.27	3.54	67	
0.36	3.47	29	
0.39	3.34	18	
0.32	3.50	124	

(3.4)

(One Way ANOVA)

.(4.4)

(One Way ANOVA)

:(4.4)

0.04	2.80	2.74	3	0.82	
		0.10	120	11.75	
			123	12.57	

(4.4)

( $\alpha \leq 0.05$ )

(0.043)

.(5.4)

LSD

(LSD)

:(5.4)

0.29*	0.16	.085	
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(5.4 )

4.1.4

$(\alpha \leq 0.05)$

.(6.4)

:(6.4)

0.23	3.55	16	
0.27	3.48	43	
0.36	3.45	7	
0.39	3.52	58	
0.32	3.50	124	

(6.4)

(One Way ANOVA)

.( 7.4)

(One Way ANOVA)

:(7.4)

0.45	2.80	2.74	3	0.27	
		0.10	120	12.29	
			123	12.57	

(7.4)

( $\alpha \leq 0.05$ )

( $\alpha \leq 0.05$ )

(0.45)

**5.1.4**

( $\alpha \leq 0.05$ )

.(8.4)

:(8.4)

0.23	3.52	57	0
0.31	3.61	40	1000

0.39	3.29	17	-1000 3000
0.45	3.29	10	3000
0.32	3.50	124	

(8.4)

(One Way ANOVA)

.(9.4)

(One Way ANOVA)

:(9.4)

0.001	6.219	0.57	3	1.703	
		0.09	119	10.86	
			212	312.56	

(9.4)

( $\alpha \leq 0.05$ )

(0.001)

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( $\alpha \leq 0.05$ )

LSD

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(LSD) :(10.4)

3000	-1000 3000	1000	
*0.23	*0.23	_____	0
*0.32	*0.33		1000
_____			3000-1000

(10.4)

### 6.1.4

$(\alpha \leq 0.05)$

.(11.4)

:(11.4)

0.38	3.49	23	
0.29	3.45	18	3
0.31	3.47	60	5-3
0.29	3.64	23	5
0.32	3.50	124	

(11.4)

(One Way ANOVA)

.(12.4)

(One Way ANOVA)

:(12.4)

0.13	1.94	0.19	3	0.58	
		0.10	120	11.98	
			123	12.56	

(12.4)

$(\alpha \leq 0.05)$

(0.13)

$(\alpha \leq 0.05)$



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$(\alpha \leq 0.05)$

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$(\alpha \leq 0.05)$

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(Rash,2007)

### 5.3.5

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	.(2012)	.24



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.(2) (90)	.	.(2000)	.29
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1. Bendetti, T. R, Borges, L. J., Petroski, E. L., & Goncalves, L. H. (2008). Physical activity and mental health status among elderly people. **Revista Saude Publica**, 42, 302-307.
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مواقع الانترنت:

<http://www.wafainfo.ps/atemplate.aspx>

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بسم الله الرحمن الرحيم

Al-Quds University  
Faculty of Educational Science  
Graduate Studies Programs



جامعة القدس  
كلية العلوم التربوية  
برامج الدراسات العليا

التاريخ: 2014/2/16

حضرة السادة / مركز الايواء المحترمين ،،

الموضوع : تسهيل مهمة

تحية طيبة وبعد،،،

تقوم الطالبة: ريماء مازن محمد ابو نعمة ورقمها الجامعي (21020234)، بدراسة تتعلق برسالة ماجستير:

"الحاجات النفسية والاجتماعية للمسنين في مراكز الايواء في محافظات الجنوب"

لذا يرجى من حضرتكم تسهيل مهمتها والتعاون معها ، وذلك لمناقشة الرسالة خلال الفصل الدراسي الثاني 2014/2013 .

شاكرين لكم حسن تعاونكم

دائرة علم النفس  
Psychology Dept.  
مفتوح برنامج الارشاد النفسي والتربوي



## فهرس الجداول:

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54		(3.3)
56		(1.4)
59	Independent t-) " "	(2.4)
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60		(3.4)
60	(One Way ANOVA)	(4.4)
61	(LSD)	(5.4)
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62	(One Way ANOVA)	(7.4)
64		(8.4)

64	(One Way ANOVA)	(9.4)
65	(LSD)	(10.4)
66		(11.4)
66	(One Way ANOVA)	(12.4)

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