

# **The Level of General Anxiety and The Attention Among Elementary Students of Bani Zaid Schools at Western Ramallah and Al-Bireh Governorate**

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## **Abstract**

The study aimed at indentify the level of general anxiety and the attention among elementary students in Palestinian schools in West Bank, to achieve these goals, the study applied the descriptive and analytical methodlogy, where a questionnaire was designed as a study tool to find out the sample's point of view, the questionnaire was consisted of two parts: the first one included general anxiety scale, while the second one included general attention, the sample consisted of (196) students, whome had been chosen randomly, among them were (84) male students and (112) female students who study in the elementary stage at Western Bani Zaid Elementary schools in Ramallah and Al-Berieh govrnorate, the study tool had been checked for its reliability and consistency.

The findings showed that the general anxiety level among elementary students at Western Bani Zaid schools where at medium degree, with (2.08) mean score, and there was a medium degree of attention difficulty with (2.02) mean score, it also found that there was a positive and statistical relationship between general anxiety level and the degree of difficulty of attention among the sample, the findings also showed that there were a statistical differences between mean scores of the sample answers toward the general anxiety level related to student grade, and these differences were in favor to (medium) grade, and there where a statistical differences netween mean scores of the sample answers toward the degree of attention related to student's gender, in

favour to male students, and related to students with (medium) grades, and related to family type, in favour to the extended families.

The study recommended educational guide, school administration, and teacher to direct intervent for supporting student's level of confidence, where it may lead to reduce the effect of negative factors that may lead to increase general anxiety level among students which may lead to attention deficit.