



PalStudent Journal
A Palestinian Scientific Journal for the Youth



ABSTRACTS: VOLUME 7, SPECIAL ISSUE {7th Undergraduate Conference}

ABSTRACT

Prevalence, Attitudes, and Self-Reported Diagnosis of ADHD Among University Students on Campus: “a cross-sectional study”

Lama Qaimari, Linda Darabee, Maisa Nabulsi.

Al-Quds University

Attention Deficit Hyperactivity Disorder (ADHD) is defined in the fifth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) as a behavioral pattern that affects multiple areas of life (e.g. home, school, work and social patterns) and is characterized by two main categories of symptoms: inattention (e.g. difficulty focusing or organizing) and hyperactivity/ impulsivity (e.g. excessive talking and restlessness). American Psychiatric Association. (2013) For adult ADHD diagnosis, the Adult ADHD Self-Report Scale (ASRS) is the official method used by the World Health Organization (WHO). ASRS includes 18 items of the DSM symptoms of ADHD. Other scales are also used for diagnosing adults with ADHD, such as: Clinician-Rated Scale “The Conner’s Adult ADHD Rating Scale”, and Self Report Scales “Copeland Symptom Checklist, Wender Utah Rating Scale, and Brown Adult ADHD Scale”.

Accordingly, in this study, an attempt was made to determine the prevalence of ADHD among university students of Al-Quds University, to investigate the rate of self-reported ADHD diagnoses and how students maintain their condition, and to explore students' attitudes towards ADHD, including stigma, awareness, and acceptance.

A cross-sectional study using a web-based survey was conducted in Al-Quds University among the students of the pharmacy department. The questionnaire form was designed in English and

PalStudent Journal

Correspondence concerning this article should be addressed to the mentioned authors at the mentioned institutes.

Copyright © 2025 Al-Quds University, Deanship of Scientific Research. All rights reserved.

E-mail: research@admin.alquds.edu

Palestine, Abu Dis, Al-Quds University



PalStudent Journal
A Palestinian Scientific Journal for the Youth



translated into Arabic to fit the native country's language. Data analysis was handled by an SPSS analyst.

This study aimed to determine the prevalence, attitudes, management, and awareness of ADHD among university students at Al-Quds University using the Adult ADHD Self-Report Scale (ASRS) as a screening tool. 100 students were surveyed, 38 (38.0%) reported that they do not have ADHD, while 62 (62.0%) identified themselves as having ADHD.

PalStudent Journal

Correspondence concerning this article should be addressed to the mentioned authors at the mentioned institutes.

Copyright © 2025 Al-Quds University, Deanship of Scientific Research. All rights reserved.

E-mail: research@admin.alquds.edu

Palestine, Abu Dis, Al-Quds University