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Effective Dose and Cancer Risk Assessment for Adult Patients Undergoing Abdominal-Pelvis CT-Examinations in the West Bank

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Effective Dose and Cancer Risk Assessment for Adult Patients Undergoing Abdominal and Pelvis CT-Examinations in the West Bank

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Thesis Approval

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Dedication

I dedicate my effort to all whom I love ...

Declaration:

I certify that this thesis submitted for the degree of Master is the result of my own research, except where otherwise acknowledged, and that this study (or any part of the same) has not been submitted for a higher degree to any other university or Institution.

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Abstract

In Palestine, there are no studies carried out for effective dose (ED) assessment in abdominalpelvis CT scan and verify whether it carries excessive radiation or not. Excessive dose means more cancer risk or other adverse health effects may be attributed to excessive radiation dose in CT-examinations.

CT scanners are the highest source of radiation that patients are exposed to during the diagnosis of their illness. Abdominal-pelvis CT scanning typically provides an ED of nearly 10 mSv where this value is considered normal worldwide. This dose is equivalent to ~ 400 Posterio-Anterior (PA) chest X-ray radiation dose. Therefore, there is a need to assess the effective dose and lifetime cancer risk values (by using BEIR VII report), during all CT scans in Palestine in order to protect patients' safety.

The main objective of this study is to estimate the radiation effective dose and lifetime cancer risk to adult patients (18-80 years old) undergoing abdominal-pelvis CT in the chosen governmental and private hospitals in the West Bank. A quantitative cohort retrospective design was used to achieve this objective. All adult patients (18– 80 years old) underwent abdominal-pelvis CT examinations in the chosen six governmental and private hospitals in the West Bank. Data collection was through CT-scanner monitors reports issued during two months in the selected hospitals.

Average effective dose was 11.8 ± 5.3 mSv for the total study population ranged between 0.5 mSv and 36.79 mSv. While LAR of cancer risk incidence was 0.082 % (1 in 2116), and LAR of cancer risk Mortality was 0.049 % (1 in 3164) which is considered in low level of cancer risk.

In sectors, average effective dose was 11.45 ± 6.4 mSv for private ranged between 1.77 mSv and 36.79 mSv, and 12.16 ± 4.1 mSv for governmental ranged between 0.5 mSv and 25.2

mSv. Based on hospitals, the highest average EDs values in mSv, were in R.H with (16.41 \pm 7.2) mSv, and the lowest one was A.H (7.93 \pm 3.7) mSv.

Whereas the highest LAR cancer risk incidence was in R.H with 0.122% (1 in 1187) and the lowest one was A.H 0.050 % (1 in 2602). The highest LAR cancer risk Mortality was in R.H with 0.071% (1 in 1856), and the lowest one was A.H 0.031% (1 in 4061).

Average effective dose for adult patients who underwent abdominal-pelvis CT examinations in this work was in acceptable level. LAR of cancer risk Incidence and Mortality were all in low level.

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List of Abbreviations and Units

Abbreviation	Meaning
СТ	Computed tomography
ED	Effective Dose
РА	Posterio-Anterior
BEIR	Biological Effects of Ionizing Radiations
LAR	Lifetime Attributable Risk
Р.А.Н	Princess Alia Hospital
J.G.H	Jeneen Governmental Hospital
P.M.C	Palestine Medical Complex
A.H	AL-Ahli Hospital
A.I.H	Arab Istishari Hospital
R.H	AL-Razi Hospital
U.S	United States
DRLs	Diagnostic Reference Levels
DNA	DeoxyriboNucleic Acid
ICRP	International Commission on Radiological Protection
mSv	Millisievert
NAS	National Academy of Science
MRI	Magnetic Resonance Imaging

U/S	Ultrasound
UK	United Kingdome
МОН	Ministry Of Health
FDA	Food and Drug administration
ACR	American College of Radiology
mGy	milliGray
L.S.S	Lumpo-Sacral Spine
К	Global Coefficient for abdominal CT
NCRP	National Council on Radiation Protection
ACR	American College of Radiology
L.S.S CT	Lumpo-Sacral Spine Computed Tomography
AED	Annual Effective Dose
NRPB	National Radiological Protection Board
KVp	Killo-Voltage peak
MAs	milliAmpiresecond
Т	Slice thickness
CTDIv	Computed tomography Dose Index volume
DLP	Dose Length Product
LAR Inc %	Lifetime Attributable Risk Incidence Percentage
LAR Mor %	Lifetime Attributable Risk Mortality Percentage

CTDIw	Computed tomography Dose Index weighted
mA	milliAmpere
Р	Pitch Ratio
LSS	Life-Span Study
FOV	Field Of view
FAD	Focal Axial Distance
ALARA	"As Low As Reasonably Achievable"
ACRDR	The American College of Radiology Dose Reference
ACR AAPM	The American College of Radiology and the American Association of Physicists in Medicine
EU	European Union

Chapter One

Introduction

This chapter gives the background, problem statement, justification, study aim and objectives, hypothesis and research question.

1.1 Historical Background

X-ray is a high energy electromagnetic radiation. It was discovered by William Rontgen in 1895. It consists of ionizing x-ray photons, which can penetrate human body to provide images, and can often be used instead of surgery, which was used previously for medical diagnosis, while diagnostic surgery was associated with a lot of pain and risks for patient. X-ray machines are in widely used and developing continuously.

Computed tomography (CT) imaging was invented in 1970's. It consists of a rotating X-ray tube and detectors combined with a computer to process and produce a cross-sectional and three dimensional images of all body tissues quickly. It produces a high quality and resolution CT-images, and has the ability to cover a large area of the patient's body. CT imaging can take accurate images of heart and blood vessels, small and large tumors (can determine the presence, location, and size accurately) (Muhogora et al., 2009).

The number of scanners is dramatically increasing with continuous and wide improvements in quality, accuracy, speed and resolution. Therefore, the number of CT examinations has increased to reach millions of CT exams yearly worldwide, which means increasing the amount of ionizing radiation (i.e. increasing patient absorbed dose and total population dose).

CT-Scan is considered to be the highest contributor to the total population dose, with more than 60 million CT-scans obtained in U.S. annually (Martin and Semelka, 2006). In 2006, CT was responsible for 70% of medical radiation exposure (Martin and Semelka, 2006), CT-dose has a potential future or lifetime cancer risks, since ionizing X-ray beam can cause DNA damaging and mutations of cells, which then may grow to form tumors (Storrs, 2017). Therefore, dose from CT examinations became a global public health issue.

The potential radiation effects and risks on human body are attributed to the absorbed dose levels in CT examinations. Diagnostic Reference Levels (DRLs) and specific European Guidelines on quality criteria were established and distributed globally for CT-procedures dose optimization and assessment (International Atomic Energy Agency, 2013). These guidelines aimed to insure that all CT doses are within the acceptable ranges for each examination which allows estimating the possibility of stochastic and deterministic effects of radiation exposure. Any increase in the absorbed dose will increase the potential changes in cells growth and DNA composition (cancer risk) by ionizing radiation. The effective Dose (ED: describe the amount of radiation received, the magnitude of ED is related to the stochastic radiation risks of cancer induction and the production of genetic effects) (ICRP, 1990; ICRP, 1977), is the mostly used and preferred as a CT-dose descriptor, and for radiation quantization and determination of the potential risks.

Recently, both public and governmental health sectors have realized that the radiation exposure from CT is a public health issue. There is a great interest worldwide from researchers on this issue. Epidemiological studies focus on the relationship between patient's absorbed dose and cancer risk.

In this study, radiation doses to patients, from routine abdominal and pelvis CT procedures, will be estimated using equations. The aim is to determine radiation effective dose received by adult patients with ages ranging from 18 to 80 years, in order to protect patients undergoing CT-examinations from excessive radiation absorbed dose, and to serve as a dose guideline to

provide more awareness about CT-overdose for radiologist and radiographers and other related medical staff.

1.2 Problem statement

Computerized Tomography (CT) became a highly requested procedure in medical imaging departments because of its ability to provide high detailed fast images. In radiation protection, the risk of adverse health effects is proportional to the amount of radiation-absorbed dose, as previously mentioned. The amount of dose depends on the type of medical imaging modality and amount of X-ray in the examination. Abdomen and pelvis CT has an adult's approximate effective radiation dose (ED) of 10 millisievert (mSv); which is a measurement of the energy absorbed by body tissues (RI.org, 2016). This is equivalent to ~400 Posterio-Anterior (PA) chest X-ray in comparison to natural background radiation for three years (RI.org, 2016). However, any increase in this average will be associated with an increase in the possibility of fatal cancer in the future.

In 2005, National Academy of Science report showed that one patient in 1000 develops cancer from exposure to a 10 mSv dose of radiation (NAS, 2005). Lack of awareness among physicians, radiologist, radiographers, and patients is causing an increase in the lifetime cancer risk.

Any small increase in the effective dose will increase cancer risk probability. This is a worldwide public health concern nowadays. Large numbers of population undergo CT scans daily. This encourages further epidemiological studies and researches in this field.

Whereas, ionizing radiation exposure from medical imaging examinations for diagnosis has an adverse health effects divide to deterministic health effects because of cell death or damage by ionizing radiation dose as hair loss and erthema. There are also stochastic health effects, such as lifetime cancer risk because of mutations (Schmidt, Hupfer, Saltybaeva, Kolditz &

Kalender, 2017). ED is not a measurement, but instead of that it reflects the stochastic risk such as cancer induction due to ionizing radiation exposure. EDs facilitates biological effects comparisons between different types of medical diagnostic procedures to be used in a mathematical model for lifetime cancer risk incidence and mortality calculations (McCollough et al., 2009).

Risks of radiation exposure depend on the value of the effective dose, type of the examination and the quantity of radiation that the patient receives, in addition to the age and sex. The BEIR VII report (which depending on patient age and sex), was used for EDs and LAR cancer risk assessment as shown in Table 1.1(The BEIR VII (2006) report, 2006).

Risk level	Approximate lifetime fatal cancer risk for adult patients from examinations
Negligible	less than 1 in 1 000 000
Minimal	1 in 1 000 000 to 1 in 100 000
Very Low	1 in 100 000 to 1 in 10 000
Low	1 in 10 000 to 1 in 1 000
Moderate	1 in 1 000 to 1 in 500

Table 1.1: Approximate lifetime fatal cancer risk for patients from examinations.

1.3 Justification

Availability of radiation doses to patients during CT, allows comparison to be made of the hazards in CT-scans with alternative diagnostic examinations, which also use ionizing X-ray radiation to obtain images. Additionally, CT-radiation doses can be used to optimize CT

protocols with respect to the radiation risk for the patient. Different national surveys proved that CT is the largest source of radiation exposure and provides huge percentage of the collective dose from medical radiation exposure, nearly 35% in Germany (Kaul et al., 1997), and 47% in the UK (Hart and Wall., 2004).

Calculating effective dose helps to improve patient safety in CT-examinations. So EDs estimation can be used to assess radiation doses received and to make effective dose comparisons between different scanners to check for any differences between different and identical scanners. This will help to determine whether such CT radiation doses to patients are as low as reasonably achievable (ALARA principle)(Uffmann and Schaefer-Prokop, 2009), as required by the International Commission on Radiological Protection (ICRP).

One study reported that CT scans performed in the U.S. in 2007 will result in 29,000 new cancer cases and roughly 15,000 deaths that would not have occurred if CT-scan was not preformed (Berrington et al., 2009). These risks would increase with each additional CT scan a person receives.

The importance of this study comes from being the first in assessing the average CT radiation doses for adult patients with ages ranging from 18-80 years undergoing routine abdominal-pelvis CT. The ED will be used to assess radiation exposure amount and lifetime cancer risk incidence and mortality for those patients. While there is a global trends globally towards trying to decrease the number of CT scans, in Palestine CT examinations were increasing rapidly from 42,818 in 2013 (MOH, 2013), to 70,599 in 2014 (MOH, 2014) and 88,191 in 2015 (MOH, 2015).

1.4 Study Goal

To estimate the radiation effective dose and lifetime cancer risk to adult patients (18-80 years old) undergoing abdominal-pelvis CT in governmental and private hospitals in the West Bank.

1.5 Study Objectives

1.5.1. General objective:

To estimate the effective dose and lifetime cancer risk of abdominal-pelvis CT for adult patients (ranging from 18 to 80 years).

1.5.2. Specific objectives:

- 1. To record frequency of abdominal-pelvis CT examinations during study period.
- 2. To assess collective average effective dose from abdominal-pelvis CT per hospital.
- 3. To assess collective effective doses contribution of each scanner to the total collective effective doses from CT-procedures.
- 4. To compare total effective dose between different and identical CT scanner models.
- 5. To develop criteria for determining the limits that are clinically acceptable and to determine which models are more suitable and acceptable for clinical use to improve patient's safety and protection.
- 6. To increase the awareness of medical staff (radiologist, radiographer and physicians) regarding high dose risk of cancer probability in abdominal-pelvis CT generally, and more specifically on colon.

1.6 Study Hypothesis

The differences between average effective doses (EDs) evaluated in Palestine and internationally used will be within acceptable limits.

1.7 Research Question

- Are the average effective doses (EDs) within acceptable limits and are they safe as compared to international ones?

Literature Review

This chapter reviews some literature, published studies and researches on CT-dose assessment and related risk, and display different methodologies that were used to determine dose and related cancer risk assessment.

2.1 Introduction

In an article entitled (Computed Tomography (CT) Scans and Cancer), from National Cancer Institute, the author concluded that ionizing radiation exposure increase the risk of cancer from CT-Examinations more than that from other conventional X-ray examination such as, routine X-ray and mammography, which use very low levels of ionizing radiation, compared with that from CT exposure. However, sometimes having CT is much more useful than the conventional X-ray, especially if it is used for cancer diagnosis or other serious conditions (Cancer.gov, 2013).

Commonly, the extra risk to develop a fatal cancer from CT examination is nearly 1 per 2000 (U.S FDA., 2009). While the risk of death from cancer among the U.S population normally is nearly 1 per 5 (Howlader et al., 2013). In the same article, the author concluded that global use of CT and other diagnostic procedures that use ionizing radiation to provide images of patient's body, has increased the risk in getting cancers, and that could lead to huge numbers of cancer cases in the future (Berrington et al., 2009; Smith-Bindman et al., 2009).

In a study that aims at assessing the awareness among patients who had abdominal or flank pain and who underwent CT-examination in Emergency Department, about the benefits and risks of CT-dose and if that had been interpreted previously, and also they were then asked to estimate CT-dose compared to radiation dose from plain chest X-ray. Emergency doctors (who often request CT-examinations), and radiologists (who write and interpret CT-scans) are included in the survey of the previous study (Lee et al., 2004).

In the same study, only 3% of patients and 9% of emergency doctors had the knowledge that CT-dose raised cancer-lifetime risk. Surprisingly, only 47% of radiologists in the survey provide the correct answer for radiation cancer risk. In radiation dose estimation of CT compared with plain chest X-ray, mostly, they believed CT provided radiation dose ranging from 2 to 10 times of that in chest X-ray. Unexpectedly, 64% of patients, 44% of eemergency doctors, and 56% of radiologists chose this answer from five options.

However, in reality, CT-dose is nearly 100-250 times more than a chest X-ray dose. Only 22% of the emergency doctors and 13% of radiologists provided a right answer (none of the patients knew that it is high). Patients were not educated about this issue. Since 78% of the emergency doctors said that, they had not mentioned or interpreted CT examination risks and benefits to patients. Around (93%) of patients answered that CT scans' risks and benefits had not been informed to them previously (Lee et al., 2004).

American College of Radiology (ACR) has also developed and facilitated the (Dose Index Registry) which contains information related to dose provisions for all CT examinations at all participating centers and hospitals. The data in the registry are then used to compare CT dose indicators in those centers and hospitals and to produce national benchmarks. Finally, it was mentioned that CT manufacturers are developing newer systems that can produce images higher in quality by using much lower X-ray radiation dose (acr.org, 2013).

2.2 Previous studies

2.2.1. Local and regional studies:

There are few studies in Palestine pertaining to the CT effective dose for patients in hospitals with CT scanners and its role in causing cancer. However, there is a non made on abdominal-pelvis CT-scan protocols.

In a very recent local study entitled "Breast Radiation Doses and Cancer Risk from Female Chest Scans in Palestine", author mentioned that there are nearly 28 scanners in Palestine, 24 scanners in West Bank, and only 4 scanners in Gaza Strip. Study included 10 Palestinian hospitals in Palestine (200 female patients underwent chest X-ray in these hospitals).

For the total study population, the mean ED was 7 mSv, values ranged between 3 to 14.7 mSv, the mean ED for breast was 15 mSv and ranged between 6.5 and 17.5 mSv.

The Lifetime attributable breast cancer risk was also estimated to be 0.00014 % in younger female or 1 in 2645 for 15-39 years, and 0.00014 % in older female or 1 in 10473 for 40 to 60 years. While ICRP dose shouldn't exceed 45 mGy, and LAR of breast cancer for younger and older female patients shouldn't be higher than 0.00865% and 0.00160 % respectively. Author found that ED to glandular breast tissue declines with using suitable exposure scanning parameters (Kameel, 2017).

2.2.2. International studies:

Many epidemiological studies were carried out globally and focused on identifying, assessing and controlling the radiation absorbed doses. Those studies estimated effective dose of CT examinations and its contribution in each examination. In a study, (Trends in examination frequency and collective effective doses from computed tomography (CT) procedures in Sudan), abdomen CT accounted for the highest number of population. Number of patients who underwent abdominal CT were 457 patients; with an average effective dose of 7.01 mSv ranging (1-24.4 mSv). While patients who underwent pelvis CT were, only 30 patients had an average ED of 4.82 mSv ranging from 1.44-11.23. In Chest CT, 263 patients with an average ED of 4.45 mSv ranges (1.28-11.45), then head CT with 118 patients had an average ED of 2.04 mSv ranging (0.2-4.41), and neck CT with only 21 patients with an average ED of 2.58 mSv ranging (1.27-4.96) (Elameen, 2010).

In the same study, it can be noted that abdomen CT occupied the highest ED with 32% in percentage. The author attributed that to the high ED per examination resulted from abdomen CT, while abdomen, Lumbo-Sacral Spine (L.S.S), and pelvis CT were equal in ED per examination (6.6 mSv), then head with 5.3 mSv, and chest 4.6 mSv. ED dose for abdomen CT was within acceptable range in this study.

The study also showed comparisons of EDs per examination for Norway, UK, and Sudan, where abdomen CT ED were 12.8, 10, 6.6 mSv, and for L.S.S CT were 4.5, 8, 6.6 mSv, while for head were 2, 2, 1.6 mSv, respectively. Therefore, we notice that abdomen occupied the highest ED level in all countries and examinations with slight differences (Elameen, 2010).

In another article entitled (An estimation of the annual effective dose (AED) to the Canadian population from medical CT examinations), results showed that the ED from CT-examinations was 0.74 mSv in 2006, while in 1991, it was only 0.19 mSv. This marked increase in CT-dose was attributed to the introduction of the multi-detector CT-scanners where CT examinations rate and higher dose for each examination were doubled (Chen and Moir, 2010).

This study also showed that percentage of patients receiving repeated abdominal CT scans was 70 % with an annual effective dose (AED) of 10 mSv. Single repeat percentage for abdominal CT was 17.6% with AED of 30 mSv. It was finally concluded that for three or more repeated

times, the percentage was 5.7% with AED of more than 40 mSv. This is equivalent to nearly 129 years of cosmic rays exposure, or to 35 years of the average radon exposure concentration in Canadian houses.

In an article entitled (Optimization of patient Dose in Abdominal Computerized Tomography), CT-dose optimizations was achieved by CT- scan protocol and improvement of the referring criteria.

Software from National Radiological Protection Board (NRPB) was employed for EDs estimation. Mean age of patients was 45.4 ± 18 years, average ED was 13.5 before the CT-dose optimization, and reduced to be 4.3 mSv after optimization. Therefore, dose optimization protocol in this study successfully decreased the average ED to 31.9 % (Elnour and Sulieman, 2011).

In another article entitled "Radiation Effective Doses to patients undergoing abdominal CT examinations", mean values of patient ED were 6.1 mSv \pm 1.4 for children (included 31 patients aged 10 years and less), 4.4 mSv \pm 1.0 for young adults (included 32 aged 11-18 years), and 3.9 mSv \pm 1.1for adult patients (included 36 patients older than 18 years).

The author also showed that energy imparted values to patients undergoing abdomen CT-scan had a factor of three times more in adult patients than in children, but the corresponding patient EDs were 50 % much more in children than in adult patients (Dan et al., 1999).

In a retrospective cross-sectional study entitled (Radiation Dose Associated with Common Computed Tomography Examinations and the Associated Lifetime Attributable Risk of Cancer), aimed to describe the radiation dose and to assess the lifetime attributable cancer risks by these doses measurements in the 11 most popular CT examinations, was performed on 1119 consecutive adult patients during 5 months in 2008.

There was a significant variation between different CT examinations, the average ED for head CT was 2.1 mSv, ranged between 1.8 and 2.8 mSv, the average ED for a multiphase abdomen and pelvis CT was 31 mSv, ranged between 21 and 43 mSv.

While LAR cancer incidence between patients who underwent a coronary angiography CT at age 40 from that procedure was (1 in 270 women), (1 in 600 men), in comparison with routine head CT LAR of cancer incidence was (1 in 8,100 women at the same age) and (1 in 11, 080 men). While for 20years old patients, the LAR cancer risks were nearly doubled, and for 60 years old patients the LAR cancer risks nearly 50% lower.

Authors described the necessity for more standardization between institutions, and requested to be sure for the need of CT scan, especially for younger female, in addition to balance CT benefits and risks for those patients before perform such examinations (Smith-Bindman, 2009).

Theoretical Background

This chapter contains all variables, processes, and outcomes of this study.

3.1Conceptual framework

This study aims to assess the radiation effective dose and lifetime cancer risk to adult patients (18-80 years old) undergoing abdominal and pelvis CT in governmental and private hospitals in the West Bank, ED will be used as a dose estimator or descriptor.

3.1.1. Independent Variables:

Independent Variables of this study include:

1. Patient's examination data:

Include Kilo-Voltage peak (kVp), milliAmpere-seconds (mAs), slice thickness (T), Dose Length Product (DLP), CT dose index volume (CTDIv).

2. Socio-demographic factors:

- Gender (Male / Female).
- Age (18-80 years).

3.1.2. Dependent Variables :

Dependent Variables (outcomes) of this study include:

- 1. Average ED at each hospital.
- 2. Lifetime cancer risk incidence (LAR Inc %).
- 3. Lifetime cancer risk mortality (LAR Mor %).

3.2 CT dose

Effective dose estimation in CT basically depends on radiation exposure factors that include kVp , mAs, CTDIv, DLP, and Pitch values.

3.2.1. Kilo-Voltage peak (kVp):

It is the X-ray photons energy. kVp value directly proportion with radiation absorbed dose during CT examination, which means increasing in effective dose value.

3.2.2. milliAmpere-seconds (mAs):

Is the x-ray tube current milliAmpere (mA) per scan time (s), which is represented the amount of radiation X-ray photons per second, the relationship between mAs and patient absorbed dose is that 50% reduction of mAs value will be associated with 50% reduction of the radiation dose.

milliAmpere-seconds (mAs) = tube current(mA) X exposure time (s)(1)

3.2.3. Pitch Ratio (P):

Estimate by the table movement (increment distance) per on full rotation of the X-ray tube divided by the width of the X-ray beam. There is a reverse relationship between the Pitch value and the patient dose, so increase pitch leads to decrease patient dose, and vice versa.

3.2.4. Computed Tomography Dose Index volume (CTDIv):

CTDIv measured in milliGray (mGy), is an estimation of the average dose during the CT scan volume to a standardized phantom.

Total amount of delivered radiation to a standardized phantom is equal Dose Length Product (DLP) value, which is represented by CTDIv and scan length. CTDIv is introduced to estimate the radiation dose in multi-detector scanner and permits different values in exposure in Z-axis direction when the pitch is above 1 for one rotation of X-ray tube.

3.2.5. Dose Length Product (DLP):

It is used in the effective dose estimation for slices series or whole procedure. In some of CT scanners, the DLP and CTDIv values appear for each CT examinations.

DLP represents the whole energy amount that is delivered by a given CT examination, which represents in equation number 1:

$$DLP (mGy.cm) = CTDIv (mGy) X Scan Length (cm).....(2)$$

DLP depends on the converge imaged area length of the patient body during CT scan, so that means any increase in DLP directly means increase in the effective dose value.
Chapter Four

Methodology

This chapter provides experimental framework of the study, from data collection, to the calculations of effective dose and assessment of lifetime cancer risk, data analysis and comparison.

4.1 Introduction

This study aims to assess the value of the effective dose and the lifetime attributable risk (LAR) of cancer incidence and cancer mortality from abdominal-pelvis CT-examinations protocols. Required data was taken from CT scan registries in all radiological departments in the chosen governmental and private hospitals in West Bank. Abdominal-pelvis CT scans carried out within two months period were collected.

4.2 Settings

The study was conducted at chosen governmental and private hospitals that have CT-unit in the West Bank. Governmental hospitals include (Jenin Governmental Hospital, Princess Alia Hospital, Palestine Medical Complex), which provide health services free or semi-free (health insurance), so they have the largest load on CT-examinations, and has become the main source of abdominal-pelvis CT examinations when compared with other private or chargeable hospitals. We also included private hospitals which have the largest load on CT-examinations; (AL-Razi Hospital, Arab Istishari Hospital, AL-Ahli Hospital). Results are used to compare the results between the two sectors (governmental and private), and to investigate reasons for the differences in ED, and to estimate lifetime cancer risk, if any.

4.3 Research design

Quantitative retrospective cohort study was chosen to fulfill the aim of the study. Data was obtained from two months records before the beginning of data collection from included radiological departments of the chosen governmental and private hospitals in the West Bank.

4.4 Study Population

Study population includes all adult patients with ages ranging from 18 to 80 years, undergoing routine abdominal-pelvis CT examinations in the West Bank.

4.5 Study Sample

Multistage sampling methodology was adopted. The West Bank is divided into three regions (First Stage) which are; northern region (Tulkarem, Qalqylia, Jenin, Nablus, Tubas and Salfit), middle region (Jerusalem, Ramallah and Jericho) and southern region (Hebron and Bethlehem).

Two major hospitals were selected in each region (One governmental and one private) which represents the second stage. Then, all adult patient files that are in the inclusion criteria and undergone routine abdominal and pelvis CT examinations, between Novembers to December 2016 in the selected hospitals, were included in the study.

• Northern region:

• Jenin Governmental Hospital and AL-Razi Private Hospital.

- Middle region:
- Palestine Medical Complex (Governmental hospital) and Arab Istishari private Hospital.
- Southern region:
- Hebron Governmental Hospital and AL-Ahli Private Hospital (Patient's friends society).

4.5.1. Inclusion criteria:

All adult patients ranging from 18 to 80 years who underwent routine abdominal-pelvis CT examinations in the chosen governmental and private hospitals in the West Bank, during two months between Novembers to December 2016, were included.

4.5.2. Exclusion criteria:

Patients with gross abnormalities and those who will need procedures involving special details or additional body parts were excluded.

4.6 Study tool

Study tool used to assess effective dose and lifetime cancer risk contained two parts:

4.6.1. Patient's file:

Data about Patient's age and sex, slice thickness, filter type, and DLP, CTDIv and/or CTDIw, were extracted from patients file for each participant in the study.

4.6.2. Global equations:

Global equations were used for radiation dose and lifetime cancer risk assessment. Equations were used as dosimeter tool for quantifying CT doses, and improving patient protection (reduce any attributed risk of overdose).

This study is directed to radiologists, radiographers, medical physicists, CT scanner manufacturers and related medical researchers. It permits radiation professionals to take very accurate CT images with much more patient safety from any associated risks of overdose.

4.6.3. The BEIR VII report:

The most current and recent model for cancer risk assessment and other health risks from low level ionizing radiation exposure. It is the first model of its kind that provide detailed estimation of lifetime cancer risk incidence and mortality, basically this report for cancer risk assessment depends on epidemiological studies, and on the population from Hiroshima and Nagasaki in 1950, whom were residents, popular as the life span study (LSS).

This report can estimate cancer risk for leukemia and other non-leukemia cancers. The radiogenic cancer risk is related to the age and sex of exposed patient and radiation linear energy transfer. The latency periods by this report were ten years for other leukemia cancers, and two years for leukemia.

4.7 Data collection

Data were collected by using a work sheet for all adult patients who underwent abdominalpelvis CT in the included hospitals during study period to insure the consistency of the data (APPENDIX A and B). This stage was performed in three main steps:

4.7.1. Patient's data collection:

Patient's data and factors used for ED and LAR assessment include Patient's sex, age, kVp, mAs, slice thickness, scanning length, and CTDIw and/or CTDIv. Data was filled in specified self-designed worksheets, for more accuracy and consistency.

4.7.2. Comparison between CT-scanners:

Six CT-scanners were included to estimate EDs and LAR during this study. These scanners are installed in six private and governmental hospitals radiological departments. Table 6.9 shows six CT scanners specifications in West Bank.

Table 4.1: Specifications of	CT	scanners that use	ed ir	n included	hospitals.
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Hospital	Sector	Manufacturer/ Installation year	Scanner Model
Р.А.Н	P.A.H Governmental		16 slices,
J.G.H	Governmental	GE Medical systems, 2008.	4 slices,
P.M.C	Governmental	Philips Medical systems, 2010.	64 slices
A.I.H	Private	Philips Medical systems, 2014.	128 slices
А.Н	Private	GE Medical systems, 2014.	128 slices
R.H	Private	Philips Medical systems, 2016.	128 slices,

4.7.3. Distribution of abdominal-pelvis CT scans:

4.7.3.1 Distribution of abdominal-pelvis CT scans per sector:

Total study population was distributed in two sectors (private and governmental), each consisted of three hospitals, total patient number in both sectors was 435, since private sector included 217 adult patients (50%), and governmental sector included 218 adult patients (also 50%), which are shown in Figure 4.1.



Figure 4.1: Frequency of abdominal and pelvis CT-examinations per sector.

4.7.3.2. Distribution of abdominal-pelvis CT scans per hospital:

The distribution of abdominal-pelvis CT examinations, which were performed at included hospitals for the period of study, is shown in Figure 5.5. ED and LAR assessment were performed for adult patients (18-80).

A total number of 435 adult abdominal-pelvis CT examinations were recorded from the CTunit. Out of them, 230 (53%) were males and 205 (47%) were females they underwent abdominal and pelvis CT-scans in six hospitals, the highest being in Princess Alia Hospital (P.A.H) with 156 patients (36%) followed by AL-Ahli hospital (A.H) 104 (24%) and Arab Istshari Hospital (A.I.H) 90 (21%), Jenin Governmental Hospital (J.G.H) 51 (12%), AL-Razi Hospital (R.H) 23 (5%), and the lowest was Palestine Complex (P.M.C) 11(2%), as shown in Figure 4.2.



Figure 4.2: Frequency of abdominal-pelvis CT examinations per hospital.

4.7.4. EDs and LAR of cancer assessment and data comparisons:

Data comparison contained three parts.

4.7.4.1. Effective dose assessment:

ED was estimated by DLP and appropriate normalized coefficients (K) that can be found in the European Guidelines on Quality Criteria for CT Report 16262, for abdominal-pelvis CT equal 0.015 mSv/mGy.cm (European Commission (EUR) Report 16262, 1995).

 $ED = K * DLP \dots (3)$

4.7.4.2. The lifetime attributable risk (LAR) of cancer:

After ED assessment for patients, LAR of cancer incidence and cancer mortality are calculated by the following equations respectively with depending on tables that display LAR of cancer Incidence and Mortality for adults male and female at age of exposure (APPENDIX C and D) (The BEIR VII (2006) report, 2006):

LAR of Cancer Incidence% =
$$\left[\frac{ED(mSv)}{100} \times \frac{LAR (Cancer Incidence)}{100000}\right] \times 100$$
(4)

LAR of Cancer Mortality % = $\left[\frac{\text{ED}(\text{mSv})}{100} \times \frac{\text{LAR}(\text{Cancer Mortality})}{100000}\right] \times 100.....(5)$

The effective dose calculations were used for the following comparisons:

1) Total population dose vs. global average comparison.

To compare total results of ED and LAR of cancer incidence and mortality values for total population in this study with previous studies results.

2) Private vs. governmental sector comparison.

To compare effective doses and lifetime cancer risk values from private and governmental hospitals.

3) Scanner vs. scanner comparisons (comparison between hospitals).

To compare EDs and calculated LAR of cancer incidence and mortality values for each scanner with other scanners between hospitals.

4.8 Statistical analysis

Dose measurements, which are required for effective dose and the lifetime cancer risk assessment, were taken from the display monitor in the CT-scan unit and then, ED was assessed per patient by using the previous equations; collected data was used as input to Microsoft Excel version 2007.

4.9 Ethical considerations

- The proposal was submitted to Al-Quds University Faculty of Public Health review board to obtain approval and permission to conduct the study.
- Approvals were obtained from the Ministry of Health to conduct the study in the governmental hospitals.
- Approvals were also obtained from the mangers of private hospitals, which were included in the study, to conduct the study in the private sector hospitals.

- Confidentiality of the gathered data was reserved. There were no identifying mechanisms, like codes, names, or even numbers, which might trace personal information to any specific patient. The study should not present any conflict of interest.

Results and Discussion

This chapter outlines the results of the study, ED estimations and applications of ED values for lifetime cancer risks incidence and mortality for total population with discussion of the results, limitations of the study, recommendations and future study.

5.1 Results

5.1.1. Parameters for abdominal-pelvis CT scans for total population:

Table 5.1 provides a summary of the parameters that affected EDs and LAR cancers risk assessment for total study population.

No. of	Percentage	mAs	kVp	Scan	Slice	CTDIv (mGy)	DLP
patients	(%)/total study population			length (mm)	thickness (mm)		(mGy.cm)
435	284.22	120	434.79	2.61	18.06 ± 6	918.26 ± 364.6	13.81 ± 5.4

Table 5.1: Parameters of ED	s and LAR cancer	risk for total	population
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5.1.2. ED and LAR of cancer incidence and mortality for total population:

For the total population, average effective dose was 11.80 ± 5.3 mSv, ranging between 0.50 and 36.79 mSv, which is in acceptable range of abdominal pelvis CT-dose for adults worldwide

The average lifetime attributable risk of cancer incidence in percentage was 0.083 % (1 in 2107) ranging between 0.001% (1 in 100000) and 0.245 % (1 in408).

While the average lifetime attributable risk of cancer mortality in percentage was 0.049% (1 in 3164) ranged between 0.001% (1 in 100000) and 0.193% (1 in 518). This is shown in Table 5.2.

Table 5.2: EDs and LAR of cancer risk incidence and mortality for total population.

No. of	ED (mSv)		LAR Inc %		LAR Mort %		
patients	Average	Range	Average	Range	Average	Range	
435	11.80 ± 5.3	0.50 - 36.79	0.083	0.001- 0.245	0.049	0.001 - 0.193	

The average effective dose for abdominal-pelvis CT of this study was 13.81 ± 5.4 mSv. The typical global effective doses for abdominal and pelvis CT is about 10 mSv. We found that there is a small difference between them, which is shifted toward higher LAR of cancer risk incidence, which was 0.097% (1 in 1031), and LAR of cancer mortality was 0.056% (1 in 1786).

5.1.3. Parameters for abdominal-pelvis CT scans per sector:

It was also noted that parameters for governmental sector were higher than those for private sector, since ED in private sector were 13 ± 6.7 mSv, 0.090% (1 in 1111), 0.053% (1 in 1887) respectively. While these parameters for governmental sector was 14.43 ± 3.8 mSv. LAR of cancer risk incidence was 0.103% (1 in 971), and LAR of cancer mortality was 0.063% (1 in 1587),

Table 5.3 provides a summary of the parameters that affected EDs and LAR cancers risk assessment for sectors.

Hospital	No. of	Percentage	mAs	kVp	Scan	Slice	CTDIv	DLP	Hospital	LAR	LAR
	patients	(%)/total			length	thickness	(mGy)	(mGy.cm)		Inc %	Mor %
		study			(mm)	(mm)					
		population									
Priv.	217	50	249.16	120	460.04	1.62	21.39 ± 7	878.77 ± 444.6	13 ± 6.7	0.090	0.053
Gov.	218	50	319.11	120	409.64	3.54	19.62 ± 4.3	957.57 ± 257	14.43 ± 3.8	0.103	0.063
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5.1.4. ED and LAR of cancer incidence and mortality assessment for patients in sectors:

For **private sector** (which was equal 50% of the total study population), average effective dose was 11.45 ± 6.4 mSv, ranging between 1.77 and 36.79 mSv. The average lifetime attributable risk of cancer incidence in percentage was 0.077 % (1 in 1992) ranging between 0.008% (1 in 12500) and 0.245% (1 in 408). While the average life time attributable risk of

cancer mortality in percentage was 0.046% (1 in 3166) ranging between 0.006% (1 in 16667) and 0.156% (1 in 641).

For **governmental sector** (which also was equal 50 % of the total study population), average effective dose was 12.16 ± 4.1 mSv, ranging between 0.50 and 25.2 mSv. The average lifetime attributable risk of cancer incidence was 0.088 % (1 in 2215), ranging between 0.001 % (1 in 100000) and 0.233 % (1 in 429). While the average life time attributable risk of cancer mortality was 0.052 % (1 in 3163) ranging between 0.001 % (1 in 100000) and 0.193 % (1 in 518), as is shown in Table 5.8.

Table 5.4: EDs and LAR of cancer risk incidence and mortality in percentage for sectors.

Sector	No. of	ED	(mSv)	LA	R Inc %	LAR Mort %	
	patients	Average	Range	Average	Range	Average	Range
Priv.	217	11.45 ± 6.4 $1.77 - 36.79$		0.077	0.008 - 0.245	0.046	0.006 - 0.156
Gov.	218	$\textbf{12.16} \pm 4.1$	0.50 – 25.2	0.088	0.001- 0.233	0.052	0.001 - 0.193

5.1.5. Parameters for abdominal-pelvis CT scans per hospital:

1. Princess Alia Hospital (P.A.H):

Princess Alia Hospital was the most frequent CT examination source during the study period with 156 (36%) adult patients, with 79 females and 77 males.

The average tube voltage was 120 kVp, average tube current-time product was 365.9 mAs, and mean scan length was 414.6 mm. Slice thicknesses was 3.1 mm. This is shown in Table 5.5.

Table 5.5: Average parameters of abdominal-pelvis CT examination in P.A.H.

Hospital	No. of	Percentage	mAs	kVp	Scan	Slice	CTDIv	DLP
	patients	(%)/total			length	thickness	(mGy)	(mGy.cm)
		study			(mm)	(mm)		
		population						
P.A.H	156	36	365.9	120	414.6	3.1	19.81 ± 4.1	831.1 ± 283.4

For Princess-Alia hospital (equal 36% of total study population), the average effective dose was 12.47 ± 4.3 mSv, ranging between 0.5 and 25.2 mSv.

The average lifetime attributable risk of cancer incidence in percentage was 0.092 % (1 in 2438) ranged between 0.001% (1 in 100000) and 0.233% (1 in 429).

The average life time attributable risk of cancer mortality was 0.054 % (1 in 3415), ranging between 0.001% (1 in 100000) and 0.193 % (1 in 518), as shown in Table 5.6.

Table 5.6: EDs and LAR of cancer risk incidence and m	nortality in	percentage for P.A.H.
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Hospital	No. of	ED (r	nSv)	LA	AR Inc %	LAR Mort %	
	patients	Average	Range	Average	Range	Average	Range
P.A.H	156	12.47 ± 4.3	0.5 - 25.2	0.092	0.001- 0.233	0.054	0.001 - 0.193

2. Jenin Governmental Hospital (J.G.H):

Jenin Governmental Hospital is one of the included governmental hospitals; where the total number of patients was 51 (12%) adult patients, with 30 females and 21 males.

The average tube voltage was 120 kVp, average tube current-time product was 202.4 mAs, and mean scan length was 397.75 mm. Slice thicknesses was 5 mm. This is shown in Table 5.7.

Table 5.7: Average parameters of abdominal-pelvis CT examination in J.G.H.

Hospital	No. of	Percentage	mAs	kVp	Scan	Slice	CTDIv (mGy)	DLP
	patients	(%)/total study population			length (mm)	thickness (mm)		(mGy.cm)
J.G.H	51	12	202.4	120	397.75	5	20.64 ± 3.3	818.2 ± 191.4

For Jeneen Governmental Hospital (which was equal 12% of the total study population), average effective dose was 12.27 ± 2.9 mSv, ranging between 6.1 and 17.85 mSv.

The average lifetime attributable risk of cancer incidence in percentage was 0.082% (1 in 1495) ranging between 0.023% (1 in 4348) and 0.206% (1 in 485).

While the average life time attributable risk of cancer mortality in percentage was 0.050 % (1 in 2258) ranging between 0.019 % (1 in 5263) and 0.096 % (1 in 1041), as shown in Table 5.8.

Hospital	No. of	ED (mSv)	LAR Inc %	LAR Mort %		
	patients	Average Range	Average Range	Average Range		
J.G.H	51	$12.27 \pm 2.9 6.11 - 17.85$	0.082 0.023 - 0.206	0.049 0.019 - 0.96		

Table 5.8: EDs and LAR of cancer risk incidence and mortality in percentage for J.G.H.

3. Palestine Medical Complex (P.M.C):

Palestine Medical Complex is one of the governmental hospitals; where the total number of patients was only 11 (2%) adult patients, with 9 females and 2 males.

The average tube voltage was 120 kVp, average tube current-time product was 197.5 mAs, and mean scan length was 394.4 mm. Average slice thicknesses was 3 mm. This is shown in Table 5.9.

Table 5.9: Average parameters of abdominal-pelvis CT examination in P.M.C.

Hospital	No. of	Percentage	mAs	kVp	Scan	Slice	CTDIv (mGy)	DLP
	patients	(%)/total			length	thickness		(mGv.cm)
		study			(mm)	(mm)		
		population						
P.M.C	11	2	197.55	120	394.4	3	12.15 ± 4.2	480.5 ± 177.3

For Palestine Medical Complex (which was 2% of the total study population), average effective dose was 7.21 ± 2.7 mSv, ranging between 2.84 and 11.31 mSv.

The average lifetime attributable risk of cancer incidence in percentage was 0.060 % (1 in 2383) ranging between 0.013 % (1 in 7692) and 0.116 % (1 in 862).

While the average life time attributable risk of cancer mortality in percentage was 0.034% (1 in 3773) ranging between 0.01% (1 in 10000) and 0.061% (1 in 1639), as shown in Table 5.10.

Table 5.10: EDs and LAR of cancer risk incidence and mortality in percentage for P. M.C.

Hospital	No. of	EI	D (mSv)	LAR Inc %	LAR Mort %		
	patients	Average	Range	Average Range	Average	Range	
P.M.C	11	7.21 ± 2.7	2.84 - 11.31	0.060 0.013 - 0.116	0.034 0.0	1 - 0.061	

4. AL-Ahli Hospital (A.H):

AL-Ahli Hospital is one of the private hospitals; where the total number of patients was 104 (24%) adult patients, with 50 females and 54 males.

The average tube voltage was 120 kVp, average tube current-time product was 178 mAs, and mean scan length was 456.8 mm. Average slice thicknesses was 3 mm. This is shown in Table 5.11.

Table 5.11: Average measurements of abdominal-pelvis CT examination in A.H.

Hospital	No. of	Percentage	mAs	kVp	Scan	Slice	CTDIv (mGy)	DLP
	patients	(%)/total			length	thickness		(mGy.cm)
		study			(mm)	(mm)		
		population						
A.H	104	24	178	120	456.8	0.8	11.61 ± 4.8	528.4 ± 243.6

For Al-Ahli Hospital (which was equal only 24% of the total study population), average effective dose was 7.93 ± 3.7 mSv, ranging between 1.77 and 18.83 mSv.

The average lifetime attributable risk of cancer incidence in percentage was 0.050% (1 in 2602) ranging between 0.008% (1 in 12500) and 0.129% (1 in 775).

While the average life time attributable risk of cancer mortality in percentage was 0.031% (1 in 4061) ranging between 0.006% (1 in 16667) and 0.071% (1 in 1408), as shown in Table 5.12.

Table 5.12: EDs and LAR of cancer risk incidence and mortality in percentage for A.H.

Hospital	No. of	ED (mSv)		LA	R Inc %	LAR Mort %		
	patients	Average	Range	Average	Range	Average	Range	
A.H	104	7.93 ± 3.7	1.77 - 18.83	0.050	0.008 - 0.129	0.031	0.006 - 0.071	

5. Arab Istishari Hospital (A.I.H):

Arab Istishari Hospital is one of the private hospitals; total number of patients was 90 (21%) adult patients, with 20 females and 63 males.

The average tube voltage was 120 kVp, average tube current-time product was 305.2 mAs, and mean scan length was 460.5 mm. Average slice thicknesses was 1.8 mm. This is shown in Table 5.13.

Table 5.13: Average parameters of abdominal-pelvis CT examination in A.I.H.

Hospital	No. of	Percentage	mAs	kVp	Scan	Slice	CTDIv (mGy)	DLP
	patients	(%)/total			length	thickness		(mGy.cm)
		study			(mm)	(mm)		
		population						
A.I.H	90	21	305.2	120	460.5	1.8	20.44 ± 3.8	950.3 ± 430.3

For Arab Istishari Hospital (which was about 21% of the total study population), the average effective dose was 14.25 ± 6.5 mSv, ranging between 3.02 and 36.79 mSv.

The average lifetime attributable risk of cancer incidence in percentage was 0.097% (1 in 1492) ranging between 0.019% (1 in 5263) and 0.239 % (1 in 418).

While the average life time attributable risk of cancer mortality in percentage was 0.056% (1 in 2466) ranging between 0.011% (1 in 9090) and 0.119 % (1 in 840), as shown in Table 5.14.

Table 5.14: EDs and LAR of cancer risk incidence and mortality for A.I.H.

Hospital	No. of	ED	(mSv)	Ι	AR Inc %	LAR Mort %		
	patients	Average	Range	Averag	e Range	Average	Range	
A.I.H	90	14.25 ± 6.5	3.02 - 36.79	0.097	0.019 - 0.239	0.056	0.011 - 0.119	

6. AL-Razi Hospital (R.H):

AL-Razi Hospital is one of the private hospitals; total number of patients was 23 (5%) adult patients, with 13 females and 10 males.

The average tube voltage was 120 kVp, average tube current-time product was 351.9 mAs, and mean scan length was 472.9 mm, average slice thicknesses was 5 mm. This is shown in Table 5.15.

Table 5.15: Average parameters of abdominal-pelvis CT examinations in R.H.

Hospital	No. of	Percentage	mAs	kVp	Scan	Slice	CTDIv	DLP
	patients	(%)/total			length	thickness	(mGy)	(mGy.cm)
		study			(mm)	(mm)		
		population						
R.H	23	5	351.9	120	472.9	5	23.04 ± 9.6	1094 ± 480.3

For AL-Razi Hospital (which was equal only 5% of the total study population), average effective dose was 16.41 ± 7.2 mSv, ranging between 6.88 and 34.97 mSv.

The average lifetime attributable risk of cancer incidence in percentage was 0.122% (1 in 1187) ranging between 0.021% (1 in 4762) and 0.245% (1 in 408).

While the average life time attributable risk of cancer mortality in percentage was 0.071% (1 in 1856) ranging between 0.018% (1 in 5556) and 0.156% (1 in 641), as shown in Table 5.16.

Hospital	No. of	ED (mSv)		LAR In	c %	LAR Mo	LAR Mort %		
	patients								
		Average	Range	Average	e Range	Average	Range		
R.H	23	16.41 ± 7.2	6.88 - 34.97	0.122	0.021 - 0.245	0.071	0.018 - 0.156		

Table 5.16: EDs and LAR of cancer risk incidence and mortality in percentage for R.H.

5.2 Discussion

5.2.1. Summary of Parameters for abdominal-pelvis CT scans

Based on hospitals, the highest average EDs values in mSv, were in R.H with (16.41 ± 7.2) mSv, A.I.H (14.25 ± 6.5) mSv, J.G.H (12.27 ± 2.9) mSv, P.A.H (12.47 ± 4.3) mSv, while P.M.C (7.21 ± 2.7) mSv, A.H (7.93 ± 3.7) mSv.

Highest average ED in AL-Razi Hospital with 16.41 mSv, may refers to a high value of mAs with 351.9 and highest scan length value with 472.9mm, highest slice thickness with 5 mm, highest CTDIv with 23.04mGy, and highest DLP with 1094 mGy.cm.

While the Lowest average ED in P.M.C with 7.21 mSv, low value here also may refers to low values of mAs with 197 mAs, and lowest scan length with 394.4 mm, moderate slice thickness with 3 mm, low CTDIv with 12.15 mGy, and the lowest DLP value with 480.5 mGy.cm.

Whereas the highest value of LAR of cancer risk incidence was also in R.H (0.122%), P.A.H (0.092%), A.I.H (0.097%), J.G.H (0.082%), P.M.C (0.060%), and the lowest value in A.H (0.050).

Based on LAR of cancer risk mortality also because of the highest average ED dose in this hospital, the highest value also was in R.H (0.0.071%), P.A.H (0.054 %), A.I.H (0.056%), J.G.H (0.050 %), P.M.C (0.034%), and the lowest value in A.H (0.031%). Table 5.17 provides a summary of the parameters that for included hospitals.

Table 5.17: Parameters of EDs and LAR cancer risk for adult r	patients in s	six hospitals.
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Hospital	No. of patients	Percentage (%)/total study population	mAs	kVp	Scan length (mm)	Slice thickness (mm)	CTDIv (mGy)	DLP (mGy.cm)	ED (mSv)	LAR Inc %	LAR Mor %
P.A.H	156	36	365. 9	120	414.6	3.1	19.81 ± 4.1	831.1 ± 283.4	12.47 ± 4.3	0.092	0.054
J.G.H	51	12	202. 4	120	397.75	5	20.64 ± 3.3	818.2 ± 191.4	12.27 ± 2.9	0.082	0.049
P.M.C	11	2	197. 55	120	394.4	3	12.15 ± 4.2	480.5 ± 177.3	7.21 ± 2.7	0.060	0.034
A.H	104	24	178	120	456.8	0.8	11.61 ± 4.8	528.4 ± 243.6	7.93 ± 3.7	0.050	0.031
A.I.H	90	21	305. 2	120	460.5	1.8	20.44 ± 3.8	950.3 ± 430.3	14.25 ± 6.5	0.0.97	0.056
R.H	23	5	351. 9	120	472.9	5	23.04 ± 9.6	1094 ± 480.3	16.41 ± 7.2	0.122	0.071

There is a notable wide variation between CTDIv, DLP, and ED values for six included hospitals in Palestine, since the value of CTDIv ranging from 11.61 to 23.04 mGy, and DLP values ranging between 480.5 and 1094 mGy.cm, so that ED values ranging between 7.21 and

16.41 mSv, four hospitals from six had ED value higher than global value of abdominal-pelvis CT which is equal nearly 10 mSv.

CTDIv values for adult patients in the included hospitals are presented in Figure 5.1. The values were higher in R.H, J.G.H, A.I.H, and P.A.H.



Figure 5.1: CTDIv values in the included hospitals.

There is a strong positive relationship between CTDIv and effective doses in the included hospital, as it shown in figure 5.2.



Figure 5.2: Correlation between CTDIv and effective dose for patients in all included hospitals.

DLP values for adult patients in the included hospitals are presented in Figure 5.3. The values were higher in J.G.H, R.H and P.A.H; two of them are governmental hospitals.



Figure 5.3: DLP values for adult patients in the included hospitals.

Average ED values for adult patients in the included hospitals are presented in figure 5.4. The values were higher in R.H, A.I.H, J.G.H, and P.A.H.



Figure 5.4: Distribution of average ED values for adult patients in the included hospitals.

5.2.2 Relationship between parameters and Effective dose for total population in six hospitals in West Bank:

Figure 5.5 shows correlation between mAs and ED for total study population. Showed strong positive relationship between two values.



Figure 5.5: Correlation between mAs and ED for total study population.

Figure 5.6 shows correlation between scan length and ED for total study population. Increase in scan length was associated with increase in average ED value.



Figure 5.6: Correlation between scan length and ED for total study population.

Figure 5.7 shows correlation between CTDIv and ED for total study population. There is a strong positive or direct relationship between CTDIv and ED value, trendline shows that any increase in CTDIv will be associated with increase in average ED value.



Figure 5.7: Correlation between CTDIv and ED for total study population.

5.2.3 CT radiation doses comparison between Palestine and other international dose level references

5.2.3.1 Comparison between CTDIv, DLP and effective dose for adult patient's abdominal-pelvis CT in Palestine and other countries:

In comparison with various dose reference levels, Palestine is in acceptable level in CTDIv, DLP and effective dose values. Figure 5.8 shows CTDIv in various references, values ranging between 12 to 25 mGy; while West Bank was 18.06 mGy.



Figure 5.8: Comparison between CTDIv parameters in various references worldwide.

While figure 5.9 shows DLP in various references ("Cite a Website - Cite This For Me", 2018), values ranging between 600 to 1000 mGy.cm, while West Bank was 787 mGy.cm.



DRLs in various differences

Figure 5.9: Comparison between DLP parameters in various references worldwide.

Figure 5.10 shows a comparison between the average ED for abdominal-pelvis CT in this work with various references international dose reference levels and also with other published data for the same procedure. In this figure average ED ranging between 7.1 to 16.7 mSv. The differences in these values may be due to differences in CT-scan protocols and scanners types or specifications. Generally, our estimated average ED in abdominal-pelvis CT examinations was 11.8 mSv, which is lower than the reference doses from European Union (EU) with 15.6 mSv.



DRLs in various refrences

Figure 5.10: Comparison between average EDs in various references worldwide.

5.2.4. Age dependant EDs and LAR:

5.2.4.1. Age dependant EDs and LAR for total study population:

Figure 5.10, 11 and 12 show correlation between patient's age with ED, LAR Inc % and Mor % for total study population. Figure 5.11 shows correlation between ages with ED for total study population. There is a very weak positive or direct relationship between age and ED value.



Figure 5.11: Correlation between Age and ED for total study population.

Figure 5.12 shows correlation between ages with LAR Inc % for total study population. There is a positive relationship between ages and LAR Inc % value, so that the lifetime cancer risk incidence weakly associated with patient age. Trendline shows that LAR Inc % decrease while ages increase.



Figure 5.12: Correlation between Age and LAR Inc % for total study population.

Figure 5.12 shows correlation between ages with LAR Mor % for total study population. The correlation coefficient is 0.102. This is also a weak relationship between ages and LAR Mor % value, so that the lifetime cancer risk mortality weakly associated with patient age. Trendline shows that LAR Mor % decrease while ages increase.



Figure 5.13: Correlation between Age and LAR Mor % for total study population.

5.2.4.2. Age dependant LAR for adult patients abdominal-pelvis CT in different hospitals in the WestBank:

Correlation between ages and estimated lifetime attributable cancer risk incidence and mortality for patients underwent abdominal-pelvis CT in included hospitals is shown in Figure 5.14 to figure 5.25. The lifetime attributable cancer risk incidence and mortality were decreased while ages increases and vice versa. Younger patients have more radiosensitivty than adult patients; so that they have more lifetime cancer risk.



Figure 5.14: Correlation between lifetime attributable cancer risk incidences from abdominalpelvis CT in P.A.H.



Figure 5.15: Correlation between lifetime attributable cancer risk mortality from abdominalpelvis CT in P.A.H.



Figure 5.16: Correlation between lifetime attributable cancer risk incidences from abdominalpelvis CT in J.G.H.



Figure 5.17: Correlation between lifetime attributable cancer risk mortality from abdominalpelvis CT in J.G.H.



Figure 5.18: Correrlation between lifetime attributable cancer risk incidences from abdominalpelvis CT in P.M.C.



Figure 5.19: Correlation between lifetime attributable cancer risk mortalityfrom abdominalpelvis CT in P.M.C.



Figure 5.20: Correlation between lifetime attributable cancer risk incidences from abdominalpelvis CT in A.H.



Figure 5.21: Correlation between lifetime attributable cancer risk mortality from abdominalpelvis CT in A.H.



Figure 5:22: Correlation between lifetime attributable cancer risk incidence from abdominalpelvis CT in A.I.H.



Figure 5.23: Correlation between lifetime attributable cancer risk mortality from abdominalpelvis CT in A.I.H.



Figure 24: Correlation between lifetime attributable cancer risk incidence from abdominalpelvis CT in R.H.



Figure 5.25: Correlation between lifetime attributable cancer risk mortality from abdominalpelvis CT in R.H.

5.2.5. Sex dependant EDs and LAR:

5.2.5.1. Measurements of EDs and LAR based on patient's Sex for total study population:

Average ED for male patients (53% of the total study population) was little higher than that for female (47 % of the total study population) with 13.42, 14.15 mSv respectively, as shown in Table 5.18.

Sex	ED (mSv)	LAR Inc %	LAR Mort %
F	13.42	0.085	0.062
М	14.15	0.087	0.051

Table 5.18: Average EDs and LAR Inc and LAR Mort percentages for adult patients undergoing abdominal-pelvis CT in total study population based on sex.

5.2.5.2. Measurements of EDs and LAR based on patient's Sex for P.A.H:

Measurements of lifetime attributable cancer risk incidence and mortality from abdominalpelvis CT in P.A.H foe female and male patients was shown in fiure 5.25, 26,27,28.



Figure 5.26: Correlation between lifetime attributable cancer risk incidence for female from abdominal-pelvis CT in P.A.H.


Figure 5.27: Correlation between lifetime attributable cancer risk mortality for female from abdominal-pelvis CT in P.A.H.



Figure 5.28: Correlation between lifetime attributable cancer risk incidence for male from abdominal-pelvis CT in P.A.H.



Figure 5.29: Correlation between lifetime attributable cancer risk mortality for male from abdominal-pelvis CT in P.A.H.

5.3 Study Limitations

Different limitations affected the quality and how easily we conducted this study. Some limitations are related to political conditions in the West Bank. Check points between cities, which make the movement between hospitals very difficult, and therefore the study, will need a lot of time, effort, and cost.

In data collection stage, we had some difficulties in dealing with radiologists and radiographers, because of huge work load and stress during the working day. In addition, radiographers may need to delete patient's records in a very short period, which make it very hard to include larger number of patients in the study. Files with missing information (especially patient age and/or sex), were excluded from the study, to prevent bias.

5.4 Conclusion

Finally, the estimated average effective dose for adult patients who underwent abdominalpelvis CT examinations in this work was acceptable, since it was 11.8 ± 5.3 mSv for the total syudy population ranged between 0.5 mSv and 36.79 mSv. In sectors, average effective dose was 11.45 ± 6.4 mSv for private (50% of total study population) ranged between 1.77 mSv and 36.79 mSv, and 12.16 ± 4.1 mSv for governmental (50% of total study population) ranged between 0.5 mSv and 25.2 mSv.

Based on hospitals, the highest average EDs values in mSv, were in R.H with (16.41 ± 7.2) mSv, A.I.H (14.25 ± 6.5) mSv, J.G.H (12.27 ± 2.9) mSv, P.A.H (12.47 ± 4.3) mSv, while P.M.C (7.21 ± 2.7) mSv, A.H (7.93 ± 3.7) mSv.

LAR cancer risk incidence values in hospitals, whereas the highest was in R.H with 0.122 (1 in 1187) which is low, P.A.H 0.091% (1 in 2463) low, A.I.H with 0.097% (1 in 1493) low, J.G.H 0.082% (1 in 1495) low, P.M.C 0.060% (1 in 2383) low, A.H 0.050 % (1 in 2602) low.

The highest LAR cancer risk Mortality values in hospitals was in R.H with 0.071% (1 in 1856) low, P.A.H 0.054% (1 in 3415) low, A.I.H with 0.056% (1 in 2466) low, J.G.H 0.050% (1 in 2258) low, P.M.C 0.034% (1 in 3773) low, A.H 0.031% (1 in 4061) low.

5.5 Recommendations

- Requests for abdominal-pelvis CT-examinations should be done only by qualified physicians who have adequate knowledge and awareness about CT-dose and attributed lifetime cancer risk or other stochastic and deterministic effects of a high radiation exposure. Such requests should be also reviewed by radiologists to make sure the examination is needed, since requesting these examinations must depend on ALARA principle, diagnosis quality, and patient safety.
- 2) Devising Guidelines for doctors about necessity of CT and who to judge and balance between the risks and benefits, and diagnosis quality, when they must choose CT, and

when they must choose one of the alternatives which haven't or have a low radiation dose such as Ultrasound (U/S), MRI or plain X-ray, if possible.

- Continuous training for physicians, radiologists, and radiographers about CT-dose risks and benefits, whom to choose the most suitable modality, and how to optimize CT-dose if it is needed.
- 4) Using Global Dose Management Software is recommended to help in dose analysis, quality assurance, and follow-up.
- 5) Medical engineers and physicists and other CT-scanner specialists must perform quality control tests to ensure that machines work effectively with the best quality and safety for patients and workers from any excessive radiation dose due to CT-machine mechanical problems.
- 6) National survey can be used as a solution for a large difference between hospitals in the average effective dose; results of such survey can establish a national diagnostic reference level and protocol for CT-dose optimization for all scanners in Palestine, and to check for unnecessary radiation dose and how to eliminate such exposure.
- 7) Patient him/herself and his/her family should be aware and educated about the possible risks and adverse health effects. Efforts should be done to increase people's knowledge on this issue.

5.6 Future study

More studies and researches about this public health problem should be done in Palestine to determine the reasons of high CT-doses and the rapid increase of the rate of requesting and using CT-scans in the last two years, while there are a global trends and notable intensive efforts to decrease this rate by using other medical imaging alternatives.

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APPENDICES

APPENDIX A

ID	Age	Sex	mAs	Scan length	Т	CTDIv	DLP	ED (mSv)	LAR Inc (%)	LAR Mor (%)
Prin	cess Alia	a Hosp	oital		·					
1	46	Μ	438	486	3	24.6	1195.56	17.9334	0.11	0.066
2	28	М	313	471	3	17.5	824.25	12.36375	0.092	0.05
3	42	F	438	456	3	24.6	1121.76	16.8264	0.144	0.084
4	72	F	354	389	3	19.3	750.77	11.26155	0.142	0.033
5	24	F	375	444	3	21	932.4	13.986	0.198	0.094
6	35	М	494	486	3	27.7	1346.22	20.1933	0.135	0.077
7	32	М	354	507	3	19.3	978.51	14.67765	0.1	0.056
8	56	М	383	441	3	12.7	560.07	8.40105	0.044	0.028
9	23	М	438	453	3	24.6	1114.38	16.7157	0.149	0.079
10	67	М	354	462	3	19.3	891.66	13.3749	0.052	0.036
11	54	F	434	399	5	28.1	1121.19	16.81785	0.114	0.075
12	53	F	313	435	3	17.6	765.6	11.484	0.08	0.052
13	36	F	438	471	3	24.6	1158.66	17.3799	0.166	0.091
14	43	F	494	486	3	27.7	1346.22	20.1933	0.17	0.1
15	28	М	354	486	3	19.3	937.98	14.0697	0.105	0.057
16	60	F	354	480	3	19.3	926.4	13.896	0.081	0.057
17	75	М	396	361	3	19.4	700.34	10.5051	0.027	0.021
18	35	F	354	495	3	21	1039.5	15.5925	0.152	0.082
19	41	F	375	486	3	21	1020.6	15.309	0.133	0.077
20	36	М	354	498	3	19.3	961.14	14.4171	0.096	0.055
21	25	М	375	483	3	21	1014.3	15.2145	0.126	0.068
22	38	М	396	429	3	19.4	832.26	12.4839	0.082	0.047

Table A.1: Parameters of Abdominal and pelvis CT examinations

23	38	М	354	519	3	19.3	1001.67	15.02505	0.099	0.057
24	73	F	383	429	3	12.7	544.83	8.17245	0.029	0.023
25	65	М	354	435	3	19.3	839.55	12.59325	0.052	0.036
26	64	М	383	291	3	12.7	369.57	5.54355	0.024	0.016
27	30	М	354	291	3	19.3	561.63	8.42445	0.058	0.032
28	28	F	383	351	3	12.7	445.77	6.68655	0.079	0.039
29	43	М	354	492	3	19.3	949.56	14.2434	0.09	0.053
30	42	М	354	483	3	19.3	932.19	13.98285	0.089	0.052
31	38	М	32	444	3	17.5	777	11.655	0.076	0.044
32	32	F	313	456	3	17.5	798	11.97	0.123	0.064
33	28	М	354	459	3	19.3	885.87	13.28805	0.099	0.054
34	53	F	396	273	3	19.4	529.62	7.9443	0.055	0.036
35	55	F	250	249	3	14.1	351.09	5.26635	0.035	0.023
36	40	М	354	249	3	19.3	480.57	7.20855	0.047	0.027
37	26	Μ	383	468	3	12.7	594.36	8.9154	0.072	0.039
38	34	F	383	456	3	12.7	579.12	8.6868	0.086	0.046
39	40	F	354	414	3	19.4	803.16	12.0474	0.107	0.061
40	74	Μ	375	252	3	28.1	708.12	10.6218	0.029	0.022
41	65	F	250	252	5	14.1	355.32	5.3298	0.027	0.193
42	66	Μ	354	477	3	19.3	920.61	13.80915	0.055	0.038
43	52	F	375	432	3	21	907.2	13.608	0.097	0.062
44	70	М	283	465	5	14.1	655.65	9.83475	0.034	0.025
45	77	F	354	333	3	19.3	642.69	9.64035	0.026	0.022
46	55	М	396	364	3	19.4	706.16	10.5924	0.057	0.036
47	37	Μ	313	543	3	19.3	1047.99	15.71985	0.104	0.059
48	37	F	438	467	3	24.6	1148.82	17.2323	0.162	0.089
49	67	F	354	414	3	19.3	799.02	11.9853	0.055	0.041
50	29	F	313	434	3	17.5	759.5	11.3925	0.128	0.064
51	51	F	396	432	3	19.4	838.08	12.5712	0.091	0.058
52	39	М	354	480	3	19.3	926.4	13.896	0.091	0.052
53	69	М	313	495	3	19.3	955.35	14.33025	0.054	0.037
54	21	М	313	525	3	19.3	1013.25	15.19875	0.144	0.076
55	56	F	271	447	3	17.6	786.72	11.8008	0.076	0.051

56	61	Б	271	171	2	10.4	010 56	12 7024	0.071	0.051
30	04	Г	271	4/4	3	19.4	919.30	13.7934	0.071	0.051
57	50	Μ	313	504	3	19.4	977.76	14.6664	0.087	0.053
58	45	М	396	384	3	19.4	744.96	11.1744	0.069	0.041
59	50	F	438	456	3	24.6	1121.76	16.8264	0.125	0.079
60	20	F	396	329	3	19.4	638.26	9.5739	0.158	0.073
61	57	F	313	435	3	17.5	761.25	11.41875	0.072	0.049
62	33	М	354	365	3	19.3	704.45	10.56675	0.071	0.04
63	56	М	354	381	3	19.3	735.33	11.02995	0.058	0.037
64	54	F	438	462	3	24.6	1136.52	17.0478	0.116	0.076
65	36	F	375	270	3	21	567	8.505	0.081	0.044
66	64	F	438	462	3	24.6	1136.52	17.0478	0.088	0.063
67	33	F	354	486	3	19.3	937.98	14.0697	0.142	0.075
68	49	М	354	492	3	19.4	954.48	14.3172	0.085	0.052
69	33	М	313	498	3	17.5	871.5	13.0725	0.088	0.05
70	67	F	354	423	3	19.3	816.39	12.24585	0.057	0.042
71	67	F	354	414	3	19.3	799.02	11.9853	0.055	0.041
72	44	F	438	489	3	24.6	1202.94	18.0441	0.149	0.089
73	51	М	354	438	3	19.4	849.72	12.7458	0.074	0.045
74	21	F	375	453	3	21	951.3	14.2695	0.227	0.106
75	21	М	313	288	3	19.3	555.84	8.3376	0.079	0.042
76	22	М	354	489	3	19.3	943.77	14.15655	0.13	0.069
77	44	F	438	474	3	24.6	1166.04	17.4906	0.145	0.086
78	44	F	438	85	3	24.6	209.1	3.1365	0.026	0.015
79	70	М	354	204	3	19.3	393.72	5.9058	0.02	0.015
80	34	М	438	486	3	24.6	1195.56	17.9334	0.12	0.068
81	46	F	313	426	3	17.5	745.5	11.1825	0.089	0.054
82	38	F	438	459	3	24.6	1129.14	16.9371	0.156	0.087
83	30	F	313	507	3	17.5	887.25	13.30875	0.142	0.072
84	29	F	438	447	3	24.6	1099.62	16.4943	0.185	0.093
85	67	F	383	47	3	12.7	59.69	0.89535	0.004	0.003
86	52	F	396	435	3	19.4	843.9	12.6585	0.09	0.058
87	70	Μ	469	480	5	35	1680	25.2	0.086	0.063
88	32	F	250	243	3	14.1	342.63	5.13945	0.053	0.027

89	76	F	313	441	3	19.3	851.13	12.76695	0.037	0.031
90	73	М	438	630	3	24.6	1549.8	23.247	0.068	0.051
91	27	F	383	96	3	12.7	121.92	1.8288	0.023	0.011
92	77	М	383	26	3	12.7	33.02	0.4953	0.001	0.001
93	67	М	383	246	3	12.7	312.42	4.6863	0.018	0.013
94	67	М	383	56	3	12.7	71.12	1.0668	0.004	0.003
95	32	М	354	444	3	19.3	856.92	12.8538	0.087	0.049
96	20	F	375	420	3	14.1	592.2	8.883	0.146	0.068
97	54	М	425	495	3	23.2	1148.4	17.226	0.095	0.059
98	45	F	313	263	3	17.5	460.25	6.90375	0.056	0.034
99	55	М	354	444	3	19.3	856.92	12.8538	0.069	0.044
100	43	М	396	504	3	19.4	977.76	14.6664	0.093	0.055
101	30	F	396	408	3	19.4	791.52	11.8728	0.126	0.064
102	62	М	354	492	3	19.3	949.56	14.2434	0.065	0.043
103	46	F	438	441	3	24.6	1084.86	16.2729	0.13	0.079
104	36	F	354	429	3	19.3	827.97	12.41955	0.119	0.065
105	51	Μ	438	496	3	24.6	1220.16	18.3024	0.106	0.065
106	36	Μ	354	474	3	19.3	914.82	13.7223	0.091	0.052
107	23	Μ	354	426	3	19.3	822.18	12.3327	0.11	0.058
108	31	Μ	354	420	3	19.3	810.6	12.159	0.083	0.046
109	36	Μ	313	432	3	17.6	760.32	11.4048	0.076	0.043
110	37	Μ	354	438	3	19.3	845.34	12.6801	0.084	0.048
111	59	Μ	354	495	3	19.3	955.35	14.33025	0.072	0.046
112	20	F	396	405	3	19.4	785.7	11.7855	0.194	0.09
113	38	Μ	396	462	3	19.4	896.28	13.4442	0.088	0.051
114	46	F	438	480	3	24.6	1180.8	17.712	0.141	0.086
115	31	F	375	438	3	21	919.8	13.797	0.144	0.074
116	79	М	396	126	3	19.4	244.44	3.6666	0.007	0.006
117	60	М	313	522	3	17.6	918.72	13.7808	0.067	0.044
118	57	F	250	525	5	14.1	740.25	11.10375	0.07	0.047
119	33	F	383	507	3	12.7	643.89	9.65835	0.098	0.051
120	33	F	438	414	3	24.6	1018.44	15.2766	0.155	0.081
121	69	F	354	432	3	19.3	833.76	12.5064	0.053	0.041

122	33	Μ	438	497	3	24.6	1222.62	18.3393	0.124	0.07
123	47	М	354	441	3	19.3	851.13	12.76695	0.078	0.047
124	43	F	383	411	3	12.7	521.97	7.82955	0.066	0.039
125	39	F	494	369	3	27.7	1022.13	15.33195	0.139	0.078
126	44	F	375	453	3	21	951.3	14.2695	0.118	0.07
127	37	F	494	331	3	27.7	916.87	13.75305	0.129	0.071
128	37	F	313	67	3	19.3	129.31	1.93965	0.013	0.01
129	27	F	494	393	3	27.7	1088.61	16.32915	0.202	0.099
130	31	Μ	354	471	3	19.3	909.03	13.63545	0.093	0.052
131	40	F	438	407	3	24.6	1001.22	15.0183	0.133	0.076
132	45	F	313	279	3	17.5	488.25	7.32375	0.06	0.036
133	48	М	313	426	3	17.5	745.5	11.1825	0.067	0.041
134	43	М	313	483	3	17.5	845.25	12.67875	0.08	0.047
135	56	F	425	471	3	23.2	1092.72	16.3908	0.106	0.071
136	19	М	354	483	3	19.3	932.19	13.98285	0.142	0.074
137	27	М	354	456	2	19.3	880.08	13.2012	0.102	0.055
138	36	F	313	516	3	17.5	903	13.545	0.13	0.071
139	47	F	422	450	5	31.7	1426.5	21.3975	0.168	0.103
140	32	F	313	435	3	17.5	761.25	11.41875	0.118	0.061
141	30	М	354	450	3	19.3	868.5	13.0275	0.089	0.05
142	71	F	313	429	3	17.6	755.04	11.3256	0.044	0.034
143	48	F	271	520	5	17.5	910	13.65	0.105	0.065
144	42	F	313	470	5	17.5	822.5	12.3375	0.106	0.062
145	60	М	354	486	3	19.3	937.98	14.0697	0.069	0.044
146	33	Μ	313	465	3	17.5	813.75	12.20625	0.082	0.046
147	36	Μ	354	84	2	19.3	162.12	2.4318	0.016	0.009
148	63	Μ	313	510	3	19.3	984.3	14.7645	0.066	0.044
149	38	Μ	354	480	5	19.3	926.4	13.896	0.091	0.053
150	59	F	438	258	3	24.6	634.68	9.5202	0.057	0.04
151	72	F	250	427	3	14.1	602.07	9.03105	0.033	0.026
152	49	М	313	429	3	17.6	755.04	11.3256	0.068	0.041
153	49	М	354	441	3	19.3	851.13	12.76695	0.076	0.046
154	35	F	313	249	3	17.6	438.24	6.5736	0.064	0.034

155	48	F	469	393	3	35.1	1379.43	20.69145	0.159	0.099
156	53	М	354	462	3	19.3	891.66	13.3749	0.075	0.046
Jene	en Gove	ernme	ntal Ho	spital						
157	67	М	190	564	5	13.49	760.836	11.41254	0.044	0.031
158	62	Μ	190	214.5	5	18.99	407.3355	6.110033	0.028	0.019
159	73	F	190	360.5	5	18.99	684.5895	10.26884	0.036	0.029
160	59	F	190	376.5	5	26.45	995.8425	14.93764	0.09	0.062
161	47	F	190	408.5	5	18.99	775.7415	11.63612	0.091	0.056
162	58	F	190	319.5	5	18.99	606.7305	9.100958	0.056	0.038
163	33	М	190	370	5	18.99	702.63	10.53945	0.071	0.04
164	39	F	190	410	5	26.45	1084.45	16.26675	0.147	0.083
165	65	F	190	448.5	5	26.45	1186.283	17.79424	0.089	0.065
166	43	М	190	405	5	18.99	769.095	11.53643	0.073	0.043
167	25	F	190	257.5	5	18.99	488.9925	7.334888	0.099	0.046
168	48	F	190	440	5	18.99	835.56	12.5334	0.096	0.06
169	62	F	190	311	5	18.99	590.589	8.858835	0.049	0.035
170	26	М	190	431	5	18.99	818.469	12.27704	0.099	0.053
171	30	М	190	390	5	18.99	740.61	11.10915	0.076	0.042
172	54	М	260	447.5	5	26.45	1183.638	17.75456	0.098	0.061
173	24	F	190	332.5	5	18.99	631.4175	9.471263	0.134	0.064
174	59	F	190	449	5	18.99	852.651	12.78977	0.077	0.053
175	80	F	260	450	5	26.45	1190.25	17.85375	0.038	0.034
176	49	М	190	374.5	5	18.99	711.1755	10.66763	0.064	0.039
177	45	М	190	485	5	18.99	921.015	13.81523	0.086	0.051
178	39	F	260	326.5	5	26.45	863.5925	12.95389	0.117	0.066
179	44	F	190	460	5	18.99	873.54	13.1031	0.108	0.064
180	33	М	190	488.5	5	18.99	927.6615	13.91492	0.094	0.053
181	54	М	190	386	5	18.99	733.014	10.99521	0.061	0.038
182	80	F	190	375.5	5	18.99	713.0745	10.69612	0.023	0.02
183	63	М	190	485	5	18.99	921.015	13.81523	0.062	0.041

184	33	Μ	190	514.5	5	18.99	977.0355	14.65553	0.099	0.056
185	70	М	190	448	5	18.99	850.752	12.76128	0.044	0.032
186	56	F	190	274.5	5	18.99	521.2755	7.819133	0.051	0.034
187	45	F	190	375	5	18.99	712.125	10.68188	0.087	0.052
188	35	F	260	450	5	26.45	1190.25	17.85375	0.174	0.094
189	55	F	190	396.5	5	18.99	752.9535	11.2943	0.075	0.05
190	52	F	190	425	5	18.99	807.075	12.10613	0.086	0.055
191	69	F	190	371.5	5	18.99	705.4785	10.58218	0.045	0.035
192	48	F	190	332.5	5	18.99	631.4175	9.471263	0.073	0.045
193	20	F	260	280	5	26.45	740.6	11.109	0.183	0.085
194	43	F	190	397	5	18.99	753.903	11.30855	0.095	0.056
195	56	М	190	442	5	18.99	839.358	12.59037	0.042	0.042
196	40	F	260	430.5	5	26.45	1138.673	17.08009	0.151	0.087
197	65	М	260	443	5	26.45	1171.735	17.57603	0.073	0.05
198	57	М	260	221	5	26.45	584.545	8.768175	0.046	0.029
199	50	F	190	340	5	18.99	645.66	9.6849	0.072	0.045
200	68	F	190	360.5	5	18.99	684.5895	10.26884	0.046	0.034
201	55	М	190	448	5	18.99	850.752	12.76128	0.069	0.043
202	62	М	190	409.5	5	18.99	777.6405	11.66461	0.054	0.036
203	53	М	190	420	5	18.99	797.58	11.9637	0.067	0.042
204	67	М	260	432	5	26.45	1142.64	17.1396	0.066	0.046
205	35	F	190	360.5	5	18.99	684.5895	10.26884	0.1	0.054
206	58	F	190	492.5	5	18.99	935.2575	14.02886	0.087	0.059
207	21	F	190	455	5	18.99	864.045	12.96068	0.206	0.096
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Palestine Medical Complex

208	47	F	294	420	3	17.28	725.76	10.8864	0.085	0.052
209	39	F	242	427.5	3	14.22	607.905	9.118575	0.082	0.047
210	37	F	136	237	3	7.99	189.363	2.840445	0.027	0.015
211	74	М	141	369	3	8.31	306.639	4.599585	0.013	0.01
212	23	F	58	415.5	3	9.26	384.753	5.771295	0.085	0.04

1			_			-				0.071	
	213	56	F	204	441	3	12.01	529.641	7.944615	0.051	0.034
	214	59	F	166	418.5	3	9.74	407.619	6.114285	0.037	0.025
	215	34	F	146	424.5	3	8.57	363.7965	5.456948	0.054	0.029
		•	-			-					
	216	21	Μ	163	436 5	3	9 58	418 167	6 272505	0.059	0.031
	210		111	100	100.0	5	2.20	1101107	0.272000	0.027	0.001
	217	32	F	288	445 5	3	16.93	754 2315	11 31347	0.116	0.061
	217	52	1	200	443.5	5	10.75	154.2515	11.51547	0.110	0.001
	218	6/	F	335	302.9	3	19.72	507 3188	8 959782	0.046	0.033
	210	04	1.	555	302.9	5	19.72	397.3188	0.939702	0.040	0.033

Al_Ahli Hospital

219	60	F	289	444.6	0.6	13.35	593.541	8.903115	0.052	0.036
220	49	F	206	460.7	0.6	12.44	573.1108	8.596662	0.065	0.041
221	64	F	227	454.1	1.2	14.27	648.0007	9.720011	0.05	0.036
222	29	F	207	479.1	0.6	15.99	766.0809	11.49121	0.129	0.065
223	66	F	276	418.2	1.2	14.51	606.8082	9.102123	0.044	0.032
224	70	М	244	461.9	0.6	11.25	519.6375	7.794563	0.027	0.019
225	18	М	142	386.2	0.6	5.73	221.2926	3.319389	0.035	0.018
226	39	F	172	484.8	1.2	8.55	414.504	6.21756	0.056	0.032
227	73	М	139	529.2	1.2	10.62	562.0104	8.430156	0.025	0.019
228	44	F	137	472.7	0.6	5.73	270.8571	4.062857	0.034	0.019
229	59	М	279	592.6	0.6	10.76	637.6376	9.564564	0.048	0.031
230	39	F	203	255.8	0.6	7.2	184.176	2.76264	0.025	0.014
231	59	М	224	551.1	0.6	10.35	570.3885	8.555828	0.043	0.028
232	61	М	279	551.1	1.2	19.26	1061.419	15.92128	0.076	0.05
233	76	F	217	433.7	0.6	12.5	542.125	8.131875	0.024	0.02
234	24	М	258	490.8	1.2	9.69	475.5852	7.133778	0.061	0.033
235	59	М	156	467.2	0.6	11.93	557.3696	8.360544	0.042	0.027
236	50	F	220	505.1	1.2	15.18	766.7418	11.50113	0.085	0.054
237	30	М	166	536.6	1.2	11.46	614.9436	9.224154	0.063	0.035
238	74	F	234	511.3	1.2	12.08	617.6504	9.264756	0.031	0.025
239	28	М	105	490.2	0.6	8.03	393.6306	5.904459	0.044	0.024
240	18	F	152	419.8	0.6	5.62	235.9276	3.538914	0.064	0.029
241	66	М	279	214.6	0.6	29.89	641.4394	9.621591	0.039	0.027

242	75	М	110	170.2	0.6	12.6	214.452	3.21678	0.008	0.006
243	73	М	200	525.1	0.6	15.44	810.7544	12.16132	0.036	0.027
244	60	Μ	120	143.2	0.6	13.74	196.7568	2.951352	0.014	0.009
245	27	F	227	214.6	0.6	15.7	336.922	5.05383	0.063	0.031
246	50	М	152	452.6	0.6	10.52	476.1352	7.142028	0.042	0.026
247	28	Μ	165	472.1	0.6	11.41	538.6661	8.079992	0.06	0.033
248	33	М	145	482.8	0.6	7.19	347.1332	5.206998	0.035	0.02
249	41	М	160	533.6	0.6	12.36	659.5296	9.892944	0.064	0.037
250	28	М	149	535	1.2	7.5	401.25	6.01875	0.045	0.025
251	34	М	112	471.2	0.6	7.75	365.18	5.4777	0.037	0.021
252	48	F	151	533.7	1.2	11.54	615.8898	9.238347	0.043	0.044
253	38	F	103	499.8	1.2	7.25	362.355	5.435325	0.05	0.028
254	40	F	122	419.1	0.6	5.64	236.3724	3.545586	0.031	0.018
255	68	F	224	423.6	1.2	23.07	977.2452	14.65868	0.065	0.049
256	54	F	258	468.2	0.6	21.59	1010.844	15.16266	0.103	0.067
257	32	F	269	385.7	0.6	11.81	455.5117	6.832676	0.07	0.037
258	61	М	279	555.1	1.2	19.26	1069.123	16.03684	0.076	0.05
259	72	М	241	600.6	0.6	16.67	1001.2	15.018	0.046	0.035
260	67	F	186	428.7	0.6	8.17	350.2479	5.253719	0.024	0.018
261	44	М	110	506.1	1.2	7.59	384.1299	5.761949	0.036	0.021
262	55	F	275	475.3	1.2	19.37	920.6561	13.80984	0.092	0.061
263	28	М	149	535	1.2	7.5	401.25	6.01875	0.045	0.025
264	58	М	161	489.3	1.2	16.9	826.917	12.40376	0.063	0.041
265	20	F	109	429.3	0.6	5.79	248.5647	3.728471	0.061	0.028
266	34	М	112	471.1	0.6	7.75	365.1025	5.476538	0.037	0.021
267	38	М	231	562.7	1.2	22.31	1255.384	18.83076	0.123	0.071
268	65	F	200	436.1	0.6	10.31	449.6191	6.744287	0.034	0.024
269	49	F	101	420.2	0.6	7.72	324.3944	4.865916	0.037	0.023
270	59	F	124	409.1	1.2	6.82	279.0062	4.185093	0.025	0.017
271	75	F	303	484.1	1.2	17.04	824.9064	12.3736	0.039	0.031
272	25	F	182	496	0.6	6.21	308.016	4.62024	0.063	0.03
273	49	Μ	95	108.7	0.6	10.88	118.2656	1.773984	0.011	0.006
274	46	М	207	486.3	0.6	11	534.93	8.02395	0.049	0.029

275	24	Μ	210	468.3	0.6	10.41	487.5003	7.312505	0.063	0.034
276	38	F	154	382.1	1.2	9.68	369.8728	5.548092	0.054	0.029
277	47	М	111	475.3	0.6	6.14	291.8342	4.377513	0.027	0.016
278	35	F	224	203.7	0.6	14.03	285.7911	4.286867	0.042	0.023
279	38	F	141	347.6	0.6	9.75	338.91	5.08365	0.047	0.026
280	61	F	207	472.7	1.2	12.17	575.2759	8.629139	0.049	0.035
281	58	F	129	433.6	0.6	8.92	386.7712	5.801568	0.036	0.024
282	61	М	255	553.7	0.6	15.98	884.8126	13.27219	0.063	0.053
283	25	F	165	526.6	1.2	6.8	358.088	5.37132	0.073	0.035
284	54	М	154	569.3	1.2	5.79	329.6247	4.944371	0.027	0.017
285	64	М	79	404.2	0.6	6.04	244.1368	3.662052	0.016	0.011
286	37	F	109	445.4	0.6	6.71	298.8634	4.482951	0.042	0.023
287	46	F	275	447.8	0.6	10.16	454.9648	6.824472	0.054	0.033
288	46	F	127	456.8	1.2	13.33	608.9144	9.133716	0.073	0.044
289	20	М	91	503.2	0.6	6.96	350.2272	5.253408	0.051	0.027
290	67	М	286	510.6	1.2	16.08	821.0448	12.31567	0.048	0.033
291	25	М	62	407.7	0.6	4.74	193.2498	2.898747	0.024	0.013
292	53	F	207	461.2	0.6	17.85	823.242	12.34863	0.086	0.056
293	50	F	186	422.2	0.6	21.3	899.286	13.48929	0.1	0.063
294	35	М	272	523.6	1.2	17.1	895.356	13.43034	0.09	0.051
295	24	М	151	494.1	0.6	10.45	516.3345	7.745018	0.067	0.036
296	67	F	200	467.3	1.2	21	981.33	14.71995	0.068	0.051
297	80	F	107	495.2	0.6	8.18	405.0736	6.076104	0.013	0.012
298	52	М	192	529.6	0.6	8.87	469.7552	7.046328	0.04	0.025
299	45	F	89	425.2	0.6	6.81	289.5612	4.343418	0.035	0.021
300	48	М	229	509.1	0.6	15.84	806.4144	12.09622	0.073	0.044
301	30	F	172	452.1	0.6	11.9	537.999	8.069985	0.086	0.044
302	40	М	95	489.3	1.2	5.74	280.8582	4.212873	0.027	0.016
303	61	F	175	414.2	0.6	13.38	554.1996	8.312994	0.047	0.033
304	28	F	96	406.7	0.6	7.34	298.5178	4.477767	0.053	0.026
305	30	F	269	234.2	0.6	11.26	263.7092	3.955638	0.042	0.021
306	50	F	215	450.6	1.2	20.25	912.465	13.68698	0.101	0.064
307	30	Μ	74	436.8	1.2	7.77	339.3936	5.090904	0.035	0.019

308	56	F	213	472.1	0.6	10.38	490.0398	7.350597	0.048	0.032
309	37	М	165	512.2	0.6	8.92	456.8824	6.853236	0.039	0.026
310	37	М	207	502.1	0.6	10.68	536.2428	8.043642	0.046	0.03
311	72	М	255	520.2	0.6	10.76	559.7352	8.396028	0.026	0.019
312	52	Μ	82	463.2	0.6	6.27	290.4264	4.356396	0.012	0.015
313	40	F	86	549.4	1.2	4.01	220.3094	3.304641	0.029	0.017
314	76	М	171	484.1	0.6	12.48	604.1568	9.062352	0.022	0.017
315	72	М	105	466.2	0.6	12.02	560.3724	8.405586	0.026	0.019
316	46	F	195	505.6	0.6	13.49	682.0544	10.23082	0.082	0.05
317	66	F	110	452.4	0.6	15.22	688.5528	10.32829	0.05	0.037
318	28	М	105	490.2	0.6	8.03	393.6306	5.904459	0.044	0.024
319	61	М	279	555.1	1.2	19.26	1069.123	16.03684	0.076	0.05
320	30	М	166	536.6	1.2	11.46	614.9436	9.224154	0.063	0.035
321	59	М	156	467.2	0.6	11.93	557.3696	8.360544	0.042	0.027
322	28	Μ	165	472.1	0.6	11.41	538.6661	8.079992	0.06	0.033

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323	32	М	328	510	1.5	21.3	1086.3	16.2945	0.111	0.062
324	29	М	322	671	1.5	21.1	1415.81	21.23715	0.152	0.084
325	61	М	349	1071	1	22.9	2452.59	36.78885	0.175	0.115
326	80	F	269	628	1.5	17.6	1105.28	16.5792	0.035	0.032
327	27	F	294	474	1.5	19.3	914.82	13.7223	0.17	0.058
328	28	М	331	512	1.5	21.8	1116.16	16.7424	0.125	0.068
329	57	М	337	552	1.5	22.1	1219.92	18.2988	0.095	0.061
330	69	М	315	506	3	20.7	1047.42	15.7113	0.059	0.04
331	26	М	334	519	1.5	21.8	1131.42	16.9713	0.136	0.073
332	22	М	342	538	1.5	22.5	1210.5	18.1575	0.167	0.088
333	35	М	238	166	3	15.7	260.62	3.9093	0.026	0.015
334	69	F	277	392	1.5	18.2	713.44	10.7016	0.046	0.035
335	28	F	307	672	1.5	20.1	1350.72	20.2608	0.239	0.119
336	54	М	324	630	1.5	21.3	1341.9	20.1285	0.111	0.069

337	34	Μ	328	165	3	21.6	356.4	5.346	0.036	0.02
338	50	F	338	441	1.5	22.3	983.43	14.75145	0.087	0.069
339	49	М	296	558	1.5	19.4	1082.52	16.2378	0.097	0.059
340	21	М	169	468	1.5	11	514.8	7.722	0.073	0.038
341	51	М	321	688	1.5	21.1	1451.68	21.7752	0.126	0.078
342	27	F	217	141	3	14.3	201.63	3.02445	0.037	0.018
343	28	М	302	463	1.5	20	926	13.89	0.096	0.057
344	33	F	317	165	3	20.8	343.2	5.148	0.052	0.027
345	41	М	349	501	1.5	33.9	1698.39	25.47585	0.164	0.096
346	24	М	308	515	1.5	20.2	1040.3	15.6045	0.134	0.072
347	31	М	271	501	1.5	17.8	891.78	13.3767	0.091	0.051
348	45	М	347	551	1.5	22.9	1261.79	18.92685	0.117	0.07
349	37	М	229	498	1.5	15	747	11.205	0.074	0.042
350	61	F	347	141	3	22.9	322.89	4.84335	0.028	0.019
351	35	F	311	522	1.5	22.5	1174.5	17.6175	0.172	0.092
352	56	F	332	161	3	21.8	350.98	5.2647	0.034	0.023
353	49	М	317	517	1.5	20.8	1075.36	16.1304	0.096	0.058
354	46	М	300	800	1.5	19.7	1576	23.64	0.145	0.087
355	45	М	347	189	3	22.9	432.81	6.49215	0.04	0.024
356	41	М	293	499	1.5	28.4	1417.16	21.2574	0.137	0.08
357	68	М	327	190	3	21.4	406.6	6.099	0.023	0.016
358	37	М	232	531	1.5	15.1	801.81	12.02715	0.079	0.045
359	33	М	347	522	1.5	22.9	1195.38	17.9307	0.121	0.068
360	23	М	331	516	1.5	21.7	1119.72	16.7958	0.149	0.079
361	37	F	337	191	5	22.2	424.02	6.3603	0.06	0.033
362	38	F	298	148	3	19.5	288.6	4.329	0.041	0.022
363	38	F	293	455	1.5	19.2	873.6	13.104	0.121	0.067
364	50	М	347	523	1.5	22.8	1192.44	17.8866	0.106	0.064
365	19	Μ	275	467	1.5	18.2	849.94	12.7491	0.13	0.067
366	64	М	331	495	1.5	21.8	1079.1	16.1865	0.07	0.047
367	50	Μ	339	501	1.5	22.3	1117.23	16.75845	0.1	0.06
368	21	М	176	490	1.5	11.5	563.5	8.4525	0.08	0.042
369	46	М	349	490	1.5	22.9	1122.1	16.8315	0.103	0.062

370	18	М	219	759	1.5	14.4	1092.96	16.3944	0.174	0.09
371	66	М	347	498	1.5	33.8	1683.24	25.2486	0.101	0.07
372	49	М	347	455	1	13.7	623.35	9.35025	0.056	0.034
373	58	М	320	695	1.5	21.1	1466.45	21.99675	0.112	0.072
374	62	М	334	564	1.5	22	1240.8	18.612	0.086	0.057
375	36	М	290	516	1.5	19.1	985.56	14.7834	0.098	0.056
376	68	М	348	523	1.5	22.9	1197.67	17.96505	0.066	0.047
377	78	F	338	455	1.5	22.2	1010.1	15.1515	0.038	0.033
378	60	F	348	529	1.5	22.9	1211.41	18.17115	0.106	0.074
379	33	М	322	678	1.5	21.1	1430.58	21.4587	0.145	0.082
380	57	М	323	655	1.5	21.2	1388.6	20.829	0.108	0.069
381	72	М	325	569	1	21.4	1217.66	18.2649	0.056	0.042
382	33	М	286	683	1.5	18.8	1284.04	19.2606	0.13	0.073
383	29	М	300	166	3	19.8	328.68	4.9302	0.035	0.019
384	52	F	345	470		22.7	1066.9	16.0035	0.113	0.073
385	55	М	322	170	3	21.3	362.1	5.4315	0.029	0.018
386	21	F	285	497	1.5	18.7	929.39	13.94085	0.221	0.103
387	70	М	279	429	1.5	18.3	785.07	11.77605	0.04	0.029
388	21	F	208	163	3	13.7	223.31	3.34965	0.053	0.025
389	19	М	326	608	1.5	21.4	1301.12	19.5168	0.199	0.103
390	45	М	317	381	1.5	20.9	796.29	11.94435	0.074	0.044
391	24	F	231	597	1.5	15	895.5	13.4325	0.19	0.091
392	59	М	263	184	3	17.2	316.48	4.7472	0.024	0.015
393	70	F	278	168	3	18.1	304.08	4.5612	0.019	0.011
394	58	F	272	488	1.5	17.8	868.64	13.0296	0.08	0.055
395	46	М	310	202	3	20.4	412.08	6.1812	0.038	0.023
396	51	М	347	189	1.5	22.8	430.92	6.4638	0.038	0.023
397	64	F	272	407	1.5	17.8	724.46	10.8669	0.056	0.04
398	31	М	305	497	1.5	20	994	14.91	0.102	0.057
399	29	Μ	300	166	1.5	19.8	328.68	4.9302	0.035	0.019
400	33	Μ	324	650	1.5	21.2	1378	20.67	0.139	0.079
401	34	F	329	577	1.5	21.6	1246.32	18.6948	0.186	0.099
402	32	F	331	458	1.5	21.7	993.86	14.9079	0.153	0.08

403	36	М	299	482	1.5	19.6	944.72	14.1708	0.094	0.054
404	53	F	333	530	1.5	21.9	1160.7	17.4105	0.121	0.079
405	41	М	263	176	3	17.3	304.48	4.5672	0.029	0.017
406	56	F	343	538	1.5	22.5	1210.5	18.1575	0.118	0.079
407	33	М	266	531	1.5	17.5	929.25	13.93875	0.094	0.053
408	58	М	346	509	1.5	22.7	1155.43	17.33145	0.088	0.057
409	60	М	286	607	1.5	18.9	1147.23	17.20845	0.084	0.055
410	53	М	348	564	1.5	33.9	1911.96	28.6794	0.161	0.1
411	18	F	234	460	1.5	15.4	708.4	10.626	0.193	0.087
412	54	М	267	162	3	17.5	283.5	4.2525	0.023	0.015

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413	54	М	297	485	5	19.6	950.6	14 259	0.078	0.049
115	51		271	105	5	17.0	220.0	11.237	0.070	0.019
414	23	Μ	173	483	5	11.3	545.79	8.18685	0.073	0.039
415	28	М	288	473	5	18.7	884.51	13.26765	0.099	0.054
416	20	М	364	452	5	23.9	1080.28	16.2042	0.158	0.083
417	60	F	431	422	5	28.1	1185.82	17.7873	0.104	0.073
418	22	F	280	447	5	18.2	813.54	12.2031	0.187	0.088
419	42	F	581	457	5	38.1	1741.17	26.11755	0.224	0.13
420	20	М	454	562	5	29.7	1669.14	25.0371	0.245	0.128
421	34	F	468	488	5	30.5	1488.4	22.326	0.222	0.118
422	32	М	289	502	5	19	953.8	14.307	0.097	0.054
423	23	М	295	493	5	19.2	946.56	14.1984	0.126	0.067
424	20	М	161	437	5	10.5	458.85	6.88275	0.067	0.035
425	70	М	307	425	5	20.2	858.5	12.8775	0.044	0.032
426	44	М	333	495	5	21.8	1079.1	16.1865	0.101	0.06
427	55	F	404	475	5	26.5	1258.75	18.88125	0.125	0.083
428	79	М	230	483	5	15.1	729.33	10.93995	0.021	0.018
429	67	F	647	434	5	42.6	1848.84	27.7326	0.128	0.096
430	69	М	464	512	5	30.3	1551.36	23.2704	0.087	0.06
431	32	F	321	448	5	21.2	949.76	14.2464	0.147	0.076

432	22	Μ	191	482	5	12.4	597.68	8.9652	0.082	0.044
433	76	F	271	423	5	17.8	752.94	11.2941	0.033	0.027
434	54	F	688	518	5	45	2331	34.965	0.237	0.156
435	19	F	156	480	5	10.2	489.6	7.344	0.127	0.058

APPENDIX B

Table B.1: Effective dose parameters in abdomen and pelvis CT-examinations for each patient.

Workshee	et
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Patient ID	Hospital
Age	Sex

Parameter	Value
Tube potential (kVp)	
MAs	
Slice thickness (mm)	
Scan length	
DLP	
CTDIv or CTDIw	

APPENDIX B

Table B.2: Effective dose and lifetime cancer risk assessment in abdomen and pelvis CT-examinations.

Pt ID	Pt age	Pt sex	mA s	Scan lengt h	T	CTDI v	DLP	ED For abd ct	ED For pelvis ct	ED For abd& pelvis ct	LAR of cancer incidence (%)	LAR of cancer mortalit y (%)

APPENDIX C

Table C.1: Lifetime attributable risk of cancer Incidence for adults male.

Age at Exposure	All Cancers
18	1059
19	1018
20	977
21	947.9
22	918.8
23	889.7
24	860.6
25	831.5
26	802.4
27	773.3
28	744.2
29	715.1
30	686
31	682.2
32	678.4
33	674.6
34	670.8
35	667
36	663.2
37	659.4
38	655.6
39	651.8
40	648
41	642.3
42	636.6
43	630.9
44	625.2
45	619.5
46	613.8
47	608.1
48	602.4
49	596.7
50	591
51	580.8
52	570.6
53	560.4
54	550.2
55	540
56	529.8

57	519.6
58	509.4
59	499.2
60	489
61	474.4
62	459.8
63	445.2
64	430.6
65	416
66	401.4
67	386.8
68	372.2
69	375.6
70	343
71	326.1
72	309.2
73	292.3
74	275.4
75	258.5
76	241.4
77	224.7
78	207.8
79	190.9
80	174

Table C.2: Lifetime attributable risk of cancer Incidence for adults fema	le
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Age at Exposure	All Cancers
18	1813.2
19	1729.6
20	1646
21	1587.9
22	1529.8
23	1471.7
24	1413.6
25	1355.5
26	1297.4
27	1239.3
28	1181.2
29	1123.1
30	1065
31	1047.1
32	1029.2
33	1011.3
34	993.4
35	975.5
36	957.6
37	939.7
38	921.8
39	903.9
40	886
41	871.4
42	856.8
43	842.2
44	827.6
45	813
46	798.4
47	783.8
48	769.2
49	754.6
50	740
51	724.6
52	709.2
53	693.8
54	678.4
55	663
56	647.6
57	632.2
58	616.8
59	601.4
60	586

61	568.3
62	550.6
63	532.9
64	515.2
65	497.5
66	479.8
67	462.1
68	444.4
69	426.7
70	409
71	389.5
72	370
73	350.5
74	331
75	311.5
76	292
77	272.5
78	253
79	233.5
80	214

APPENDIX D

Table D.1: Lifetime attributable risk of cancer mortality for adults Male.

Age at Exposure	All Cancers
18	547.8
19	529.4
20	511
21	498
22	485
23	472
24	459
25	446
26	433
27	420
28	407
29	394
30	381
31	380.2
32	380.2
33	379.8
34	379.4
35	379
36	378.6
37	378.2
38	377.8
39	377.4
40	377
41	375.3
42	373.6
43	371.9
44	370.2
45	368.5
46	366.8
47	365.1
48	363.4
49	361.7
50	360
51	355.9
52	351.8
53	347.7
54	343.6
55	339.5

56	335.4
57	331.3
58	327.2
59	323.1
60	319
61	312.1
62	305.2
63	298.3
64	291.4
65	284.5
66	277.6
67	270.7
68	263.8
69	256.9
70	250
71	240.3
72	230.6
73	220.9
74	211.2
75	201.5
76	191.8
77	182.1
78	172.4
79	162.7
80	153
Table D.2: Lifetime attributable risk of cancer mortality for adults female.

mortality for adults female

Age at Exposure	All Cancers
18	822.8
19	792.4
20	762
21	740
22	718
23	696
24	674
25	652
26	630
27	608
28	586
29	564
30	542
31	538.5
32	535
33	531.5
34	528
35	524.5
36	521
37	517.5
38	514
39	510.5
40	507
41	503.2
42	499.4
43	495.6
44	491.8
45	488
46	484.2
47	480.4
48	476.6
49	472.8
50	469
51	463
52	457
53	451
54	445
55	439
56	433
57	427

58	421
59	415
60	409
61	399.8
62	390.6
63	381.4
64	372.2
65	363
66	353.8
67	344.6
68	335.4
69	326.2
70	317
71	304.3
72	291.6
73	278.9
74	266.2
75	253.5
76	240.8
77	228.1
78	215.4
79	202.7
80	190

تقييم الجرعة الاشعاعية الفعالة وخطر الاصابة بالسرطان عند المرضى الكبار من فحوصات التصوير. الطبقى للبطن والحوض فى الضفة الغربية

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المشرف : د. حسين المصرى

الملخص :

تعتبر الماسحات الطبقية المصدر الأكبر للأشعة التي يتعرض لها المرضى خلال تشخيص امراضهم. هناك حوال 24 جهاز تصوير طبقي في الضفة الغربية. في حالات مثل التصوير الطبقي مثاليا تعطي جرعة مممتصة 10 مليسيفرت تقريبا حيث تعتبر هذه القيمة الطبيعية عالميا هذه الجرعة تعادل ما يقارب 400 صورة اشعاعية (خلفية – امامية) للصدر. لذلك هناك حاجة لفحص وتقييم الجرعة الممتصة وتقييم خطر الاصابة بمرض السرطان مدى الحياة باستخدام تقرير الآثار الحيوية للاشعاع المؤين, خلال كل المسوحات الطبقية في فلسطين للتوصية بعمل بروتوكول او آلية للتحكم في جرعة المسح الطبقي وبالتالي ضمان حماية المريض.

الأشعة الاضافية تعني خطر أكبر للسرطان او الآثار الصحية العكسية الأخرى والتي ربما تعزى الى هذه الأشعة الاضافية من الفحوصات الطبقية. الهدف الرئيسي من هذه الدراسة هو تقييم جرعة الاشعة الممتصة المعطاة خلال التصوير الطبقي وخطر السرطان مدى الحياة للمرضى الكبار (18–80 سنة) والذين تم عمل فحوصات طبقية للبطن والحوض لهم في 6 مستشفيات رئيسية حكومية وخاصة في الضفة الغربية. تم جمع بيانات الدراسة من خلال تقارير شاشة جهاز التصوير الطبقي الطبقي الطبقي المتحدية العكمية الأشعة الممتصة المعطاة خلال التصوير الطبقي وخطر السرطان مدى الحياة للمرضى الكبار (18–80 سنة) والذين تم عمل فحوصات طبقية للبطن والحوض لهم في 6 مستشفيات رئيسية حكومية وخاصة في الضفة الغربية. تم جمع بيانات الدراسة من خلال تقارير شاشة جهاز التصوير الطبقي الطبقي الموتقة خلال شهرين في المستشفيات المختارة.

كان معدل الجرعة الممتصة 11.8 ± 5.3 ميليسيفرت للعدد الكلي للراسة تراوح بين 0.5 الى 36.97 ميليسفرت, بينما كان معدل خطر حدوث حالات جديدة للسرطان بين العدد الكلي للسكان يتراوح بين القليل جدا الى المتوسط, حيث كان المعدل 200% (1 من كل معدل خطر الوفاة من السرطان مدى الحياة 0.049% (1 من كل 1046) , والذي يعتبر بين منخفض.

في القطاعات, كان معدل الجرعة الممتصة 6.4 ± 11.45 ميليسيفرت للقطاع الخاص تراوح بين 1.77 الى 36.79 ميليسفرت, بينما كان معدل الجرعة الممتصة 4.1 ± 12.16 ميليسيفرت للقطاع الحكومي تراوح بين 0.5 الى 25.2. بالنسبة للمستشفيات, اعلى معدل جرعة ممتصة كانت في مستشفى الرازي مع الممتصة 7.2 ± 16.41 ميليسيفرت, واقل قيمة لها كانت في المستشفى الاهلى بمعدل 3.7 ± 7.93 ميليسيفرت.

بينما اعلى معدل خطر حدوث حالات جديدة كان في مستشفى الرازي بمعدل 0.122% (1 من كل 1187) والأقل كانت في المستشفى الأهل يبمعدل 0.050% (1 من كل 2602), اعلى معدل خطر خطر الوفاة من السرطان كان في مستشفى الرازي بمعدل 0.071% (1 من كل 1856) والأقل كانت في المستشفى الأهلي بمعدل 0.031% (1 من كل 4061).

معدل الجرعة الممتصة للمرضى الكبار ممن تم عمل فحوصات طبقية للبطن والحوض لهم في هذا العمل كان ضمن المستوى المقبول. معدل خطر حدوث حالات جديدة وخطر الوفاة من السرطان مدى الحياة كانت جميعها منخفضة.