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:(Feeling of Loneliness)

.(1998)

:(Alienation)

. . (1980)

(Depression) :

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. (Beck,1980)

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(2008-2007))
(3566) (%10)
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(2002) (Beck) (1988)

(0.83) (0.86)
(0.92)

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Abstract

This study aimed at identifying the degree of loneliness, depression and alienation among 3rd year students at (Al-Quds, Birzeit, and Hebron) and studying the relation between loneliness, depression and alienation of students. Furthermore, it aimed at knowing the effects of the study variables (gender, birth order, major, permanent place of residence, and current residence) on the intensity of loneliness, depression and alienation.

The study sample consisted of 357 third-year students from Al-Quds, Birzeit and Hebron universities, chosen at random. It represented 10% of the student's population during the academic year (2007-2008). The number of the whole population was (3566) students.

For the purposes of the study, the researcher used three instruments: the loneliness measurer prepared by Dasouki (1988), Depression Beck list II translated by Al-Ansari, and Alienation Measurer prepared by the researcher.

Each instrument was validated by submitting it to experts. The reliability of each instrument was also calculated according to Cronbach Alpha. All the instruments showed high reliability coefficients.

The most important results were:

The degree of loneliness and alienation in the study sample were average, while degree of depression was high.

There were no significant differences in loneliness, depression, and alienation due to the variables of gender and major.

There were significant differences in the social dimension of the feeling of loneliness and in favor of the last child.

Significant differences were found in the grand mean of the feeling loneliness and in its two dimensions: the social and the refusal by others, in favor of the refugee camp residents.

Significant differences were found in the feeling of loneliness and in two of its dimensions: the social and refusal by others due to present residence and in favor of the student who lives alone.

No significant differences in the degree of depression were found due to birth order or present residence.

Differences were found in depression degree due to the permanent residence and in favor of those who live in the village.

Significant differences exist in the degree of alienation of the sample due to birth order in the dimension of meaninglessness in favor of the first, then the middle ordered, while there were no significant differences on the total mean or the means of the other dimensions of alienation.

Significant differences existed in the degree of alienation due to the permanent residence variable: on the dimensions of meaninglessness and helplessness in favor of those students

who live in the camp, and on alienation from self in favor of city residents. While it was in favor of city in residents in the total degree.

There were significant differences in the degree of alienation on the dimension of meaninglessness in favor of those who live with their families. On the social isolation dimension, the difference was in favor of the student who lives alone.

A Significant positive correlation was found out between loneliness and depression. While a significant negative correlation was found out between loneliness and alienation.

1.1

(Loneliness)

(Schmitt & Kurdex, 1985)

. (Brenan, 1982)

. (1988)

. (Peplau&Perlman,1982)

. (1997)

(Weiss ,1973)

. (Seepersad, 1997)

(Weiss)

Lonely Alone

Lonely

(All One)

Alone

. (Rokach, 2004)

Aloness

Loneliness

. (1987)

(Killeen ,1998)

Element of Choice

. (Brenan,1982)

.(1986 1988)

. (1994)

.(Rokach,1988)

. (Rokach,1988) .

(1988)

. (2003)

(Emile Durkheim)

. (1995)

. (1998)

. (1998)

(Good,1999)

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(American Psychological Association)

(%53)

. (Elbridge,2000)

(10) (1)

. (Elbridge,2000)

(Mckibban&Todd,2003)

(19) (1100) (1998-1990)
(%25) (%12)
(2004) (Destiny, 2002)

(Joseph ,Noshpitz&Dean,1990)

(2004) (Dalton,1983)

(Moshe,1992)

(1997)

. (Gave,1976)

. (1998)

(Mijuskovic ,1986)

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. (1989) .

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. (Honor,1994)

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.	(1998)	-
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1.2

(Lynch ,1977)

. (1994)

. (1998)

. (1997) .

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(Schmitt&Kurdek,1985)

.(1998)

.(1989)

. (1983)

(1986)

Loneliness

(1953)

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.(1983)

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.(Jones & Goswik ,1981).

(Gallup, 1981) .
(Moustakas,1961)

(2001)

(2000)

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(Rook,1987)

(Peplau&Perlman ,1982)

(1994)

(Sullivan ,1953)

(Real Self)

(Ideal Self)

. (1989)

(Benedict ,1990)

(Jeenydejone , 1987)

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(1997)

(Feldman,1987)

(Rokach,1988)

(Newcomb& Bentler ,1986)

(Buskirk& Duke, 1991)

(Parkhurst ,1990)

(Kaiser, &Berndt,1982)

(Peplau & Perlman, 1982)

(1988)

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2.1.2

:	(Young ,1979)	
	(Transient)	-1
	(Transitional)	-2
	(Chronic)	-3
:	(1988,)	
	:	.1
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		-
	:	.2
	:	.3
	(Rokach,1988)	
	:	
	(Self Alienation)	-

(Interpersonal Isolation) -

(Agony) -

(Distress Reaction) -

(Weiss, 1973)

:
(Emotional Loneliness) -

(Social Loneliness) -

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3.1.2

(Lars Anderson,1982)

(Rokach ,1989)

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		.	.3
	:		
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(Rokach,1989)

4.1.2

.(1994)

. (1994) .

(Gordon,1976)

(1986)

5.1.2

1.5.1.2

(Zilboorg)

(Lonely)

)

.(1987

(Marcoen&Brumagne ,1985)

(Sullivan)

.(1987)

2.5.1.2

(Rogers ,1973))

(Rogers)

.(1987)

3.5.1.2

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(Weiss ,1973)

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.(1987)

4.5.1.2

. (1987)

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. (1983)

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1.6.1.2

(Portnoff ,1988)

.(1994) .

(Rook ,1987)

(Erikson,1963)

. (1980)

.(1983)

2.6.1.2

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(Weiss ,1973)

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(Jone,1986)

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(Bulcher,1973)

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(Jennydejong,1987)

7.1.2

Aloneness

Isolation

Alienation

Depression

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1.7.1.2

Lonely

Alone

Aloneness

.(1983)

(Lynch ,1977)

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(Berg,1981)

(Coleman ,1974)

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. (1978) .

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(Hays&Dimatteo,1987)

(1994)

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3.7.1.2

.(1981)

(Portnoff ,1988)

(1981)

(1994)

Adler

. (Leak & Williams, 1989)

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4.7.1.2

(1987)

(Kenniston ,1965)

.
(1993)

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5.7.1.2

. (1999) .

(Grasha & Kirckenbaum ,1980)

Social Isolation

Loneliness

.
(Lynch ,1977)

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(Jackson & Cochran ,1991)

. (1994)

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(Portnoff ,1988)

. (1994)

8.1.2

1.8.1.2

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400

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. (Melanchoilia)

.(1997)

. (2002)

.(Hammen, 1997)

.(2001)

. (Carr, 2001)

.(2000)

.(2001)

.(Psychotic Depression)

(Springhouse,1995))

. (1995)

: **2.8.1.2**

.(1994)

(2001)

(2000)

(2001)

(2000)

(Pieron ,1979)

(1991)

(Quitkin & Wittchen ,1998)

(I.C.D-10, 1999)

" DSM-IV "

.(American Psychiatric Association, 1994)

3.8.1.2

" DSM-IV"

. "ICD-10"

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. (American Psychiatric Association, 1994)

" DSM-IV" "

(%12-5) (%25-10)

(%3-2) (%9-5)

(%6)

. (2001) (%3)

(Seligman ,1975)

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. (1998)

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. (1993)

(13-20%)

. (2001)

(2001)

(Essau&Peterman ,1994)

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:(Mood)

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(Hopelessness)

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(Psychomotor)

.(restless)

. (Kendall & Hammen,1998) .

4.8.1.2

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	:	
	(Unipolar Depression)	.1
(mania)	:	(hypomania)
	(Major Depressive Disorder)	-
	(Dysthymia)	-
(5)		
	. (2002)	
	(Bipolar Depression)	.2
. (Kendall & Hammen,1998)	(Reactive Depression)	.3
. (1998)	(Neurotic Depression)	. 4
	.(1998)	
	(Endogenous Depression)	. 5
	.(1994)	
	(Sesonal Depression)	. 6
	. (1998)	

(Puerperal Depression) . 7

(2001)

(Smiling Depression) .8

. (2001)

5.8.1.2

. (2001)

. (Constin & Draguns, 1989)

.(1983)

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(%46)

.(Kendall&Hammen, 1998)

(%20)

(Hammen,1997)

. (Sachs-Ericsson ,2000) .

. (Burger, 1990))

(Gray, 1987)

(Eysenk, 1967)

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(Paykel,1982)

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(Beck,2000)

(Schemas) -1

(Cognitive Errores) -2

(Arbitrary Inference)
(Generalization) (Selective Abstraction)
(All or Nothing) (Magnification and Minimization)
(Personalization)
(The Cognitive Triad) -3

(Beck,2000)

6.8.1.2

(1996)

(1998)

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. (1994)

: **9.1.2**

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1.9.1.2

. (Myers,1995)
(Karl Abraham)

. (2000) .
(Freud)

.(2001) .

: **2.9.1.2**

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(Lewinson ,Harson&Kazder,1982)

(Reinforcement)

(2002)

. (1999)

(Lewinsohn)

. (Corsini, 2001)

. (2000)

3.9.1.2

.(1997)

. (1998)

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(Neurepinephrin) :

(Serotonin)

. (2001)

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(2000)

(CognitiveTried)

(Beck,2000)

(Seligman)

. (Pennington,Gillen&Hill,1999)

. (1995)

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(Alienation)

(Alienate)

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(.Horney ,1975)

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.Horney

. (1998)
(Fromm ,1973)

. (1980)

(Fromm)

. (1998)
(Rogers ,1973)

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(Maslo ,1969)

. (1990)
(Erikson,1963)

.(2001)

(Schillier)

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.(1988)

4.10.1.2

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. (1984)

. (1997)

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. (1997) .

. (1997)

5.10.1.2

: (Seeman,1990)

Powerlessness

(Seeman ,1990)

(2)

(1)

. (1998)

(Horney)

.(1989)

(Otto & Featherman ,1975)

. (1989) .
(1993)

Meaninglessness

. (Bergner,1998)

(Dean)

. (1997)

(2002)

(Seeman,1990)

.(1997) .

(2000)

"Fromm"

.(1989)

"Frankle"

.(1992)

.(Schmidt ,1991)

Normlessness

" Durkheim "

Anommie

.(Schaefer&Robert,1995)

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"Barsons"

.(2003)

(Seeman,1990)

.(1989)

Self- Strangement

(Seeman ,1990)

. (1990)
(Fromm)

.(1989)).

(1990)

(1993)

Social Isolation

.(1991)

(Rokach,2004)

(Fromm ,1973)

Seeman" "

.(1989)

6.10.1.2

Over-

Under-Control

Control

.(1969)

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. (1969)

7.10.1.2

(1992)

.(1993)

(Good Win ,1982)

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(142) (112) (254)
(%44) (%56)
(Russel, 1982)
(1984) (1988)
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(2000) (Krause,1986)

. (1985)

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(1,68)

(2,99)

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(116) (363)

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2.2.2

(Wah,2001)

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(Bullock,1998)

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(Mahon&Yarchesket,1994)
(325)

(Kammath&Kanckar, 1993)

(100)

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(1005)

(Oei & Notowidjojo,1990)

(1998)

(432)

(Jackson & Cochran , 1991)

(146)

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(26_17)

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(18-15)

(Weeks,1990)

(Rokach,1990)

(298)

(228)

(526)

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(84-16)

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(Roscoe& Skomski ,1989)

(1696)

(UCLA)

(Portnoff,1988)

(68)

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(20)

(Leonard&Vitkus,1987)

(UCLA)

(621)

(Russel,Cutron)

(Medora & Woodward , 1986)

(Hsu&Range,1986)

(51) (131)

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. (23) (18) (41) -

. (33) (11) (44) -

. (18) (3) (21) -

: (BELS)

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(Lobdel , 1985)

(130)

"Manitoba"

(Kaiser & Berndt,1982)

(174)

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(17-14)

(Moore&Schultz,1983)

(99)

(14-19)

(UCLA)

3.2.2

(2007)

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(660)

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. "BDI-II"

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(%10.5)

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		. (9.1)	(19.2)	
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	(195)	(156)	(315) :	
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(21,03)
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(41.6)

(30)
(13-16) (2001)
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($\alpha=0.05$)

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(230)

(%57)

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(217) (527) (2000) (310)
(1: 2) : () (% 20- %10)

(1999)
(Beck) (501) (386) (887)

(1993)

(136)

(21,89)

(24 19)

BDI ()

(-0.17)

(-0.283)

(0.05)

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()

4.2.2

(Wenzlaff & Luxton,2003)

(225)

(52-18)

(87)

(138)

(Yang,2002)

500

(Rosal,Ockene, & Barrett ,1997)

(99)

(%39)

(%18)

(%31)

(Rocha&Ortega,1995)

(BDI)

(Argon)

(%8.11)

(Wiseman,Gutfreund& Lurie ,1995)

(325)

(218)

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(Beck)

(UCLA)

(Wessel, 1981)

(119) (87) (206)
(MAACL) :

(Parker,1980)

(24) (112) (124) (236)
(3.9)

PBI Middleton

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(382)

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(%8.1)

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(%8.45)

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(%66)

(%4)

(Mahoney & Quick, 2001)

" Gould"

(221)

(77)

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(Sugiura, 2000)

(1127)

(Lane & Daugherty, 1999)

(87) ()

(17-27)

(58)

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(Seidman,1995)

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(593)

(24%)

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(Sandu & Asrabadi ,1991)

(128)

(Bester,1986)

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(71)

(19)

(90)

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(78)

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(Sexton, 1983)

(92)

(1967) Rocketch
Omnibus

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(1965) Keniston

7.2.2

(Oei& Notowidjojo,1990)

(Lobdel,1985)

(Hsu,Hailey & Range,1986)

(2005)

(Mahon &Yarchesket,1994)

(2002)

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(2003)

(2002) (2003) (1990)
(Kammath & Kanckar,1993)
(1997)
(Jackson & Cochran,1990)
(Rokach,1990) ((Vitkus & Horowits ,1987)
(2006-1985)

(2004) (2002)
(Jackson & Cochran,1990) (2000)

(2004) (2005)
(1997) (2001) (2003)
(Mahone & Yarchesket,1994) (1994)
(Vitkus & Horowits ,1987)
(2004)
Roscoe & (2000) (2003)
(Skomski,1989)

(1991) (1997) (1998)
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(1998)
. (Medora & Woodward 1986)

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Roscoe & Skomski, (1997) (1998)
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Wenzlaff &Luxton (2003)
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Rosal,Ockene,Ockene&
(Barrett,1997
(Wiseman, Gutfreund &Lurie,1995)
(Wessel,1981) (1993)
. (Parker ,1980)
(1999) (2003)
(Rosal,Ockene,Ockene & Barrett 1997)
(2003) (2004) (2007)
Rosal,Ockene,Ockene& Barrett,(1997) (2000)
(Wiseman,Gutfreund & Lurie,1995)
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(Wenzlaff &Luxton ,2003)

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(Rosal,Ockene,Ockene & Barrett 1997)

. (Wiseman, Gutfreund &Lurie 1995)

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(Sandu&Asrabadi,1991) (2002)
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(Mahoney &Quick,2001)
(Seidman,1995)
. (Sexton,1983)

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(Sugiura,2000) (Seidman,1995)
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Mahoney) (Seidman,1995) (1989)
(2002) (Sexton,1983) (&Quick,2001
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1389	322	246	448	373	
1174	170	235	493	276	
1003	161	66	564	212	
3566	653	547	1505	861	

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139	33	25	43	38	
118	17	24	49	28	
100	16	7	56	21	
357	66	56	148	87	

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357	131		
	226		
357	159		
	198		
357	95		
	204		
	58		
357	114		
	209		
	34		
357	230		
	111		
	16		

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(Russell,1996)

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(UCLA) Univershty of California Los Angeles Scale)

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1.1.4.3

4,3,2,1)

(2,3,6,7,9,11,12,13,16,17,20)

(1,4,5,8,10,14,15,18,19)

(20-80)

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 (20-40) -
 (40-60) -
 (60-80) -

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6	1,4,5,6,8,14		1
9	3,7,9,10,11,13,16,17, 20		2
5	2,12,15,18,19		3

:(Validity)

2.1.4.3

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(0.762) (0.369)

(0.744) (0.371)

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%27	%27	(12.66)	(400)	-
			(0.01)	
		(0.63)		
"Hottelling"	"Kaiser"	Varimax		-
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	(9)	.(0.3 ≤		-
	(5)	.(3 ≤		-

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(Pearson Correlation)

: 5.3

الدلالة الإحصائية	قيمة ر	الفقرات	الدلالة الإحصائية	قيمة ر	الفقرات
0.000	0.566(**)	11	0.000	0.622(**)	1
0.000	0.526(**)	12	0.000	0.504(**)	2
0.000	0.694(**)	13	0.000	0.471(**)	3
0.000	0.632(**)	14	0.000	0.614(**)	4
0.000	0.589(**)	15	0.000	0.567(**)	5
0.000	0.162(**)	16	0.000	0.621(**)	6
0.000	0.529(**)	17	0.000	0.503(**)	7
0.000	0.631(**)	18	0.000	0.627(**)	8
0.000	0.627(**)	19	0.000	0.578(**)	9
0.000	0.699(**)	20	0.000	0.647(**)	10

(5.3)

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Reliability : 3.1.4.3

(0.94) (Tulsa) : (1993)
(Russell ,1996)
(237)
(1998) -
(0.01) -
(0.01) -
(1998) -
(0.01)
(0.86)

: BDI-II 2.4.3

(BDI) Beck
(21)
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(DSM-IV)

. (1999)

BDI-II " "

(6)	(5)	(4)	(3)	(2)	(1) :
(10)		(9)	(8)	(7)	
(15)	(14)	(13)	(12)		(11)
	(18)		(17)		(16)
		(21)	(20)		(19)

. (2002)

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: **1.2.4.3**

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(18, 15, 7, 4) () ()

(0-63)

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(29-41) -

(42-30) -

(55-43) -

(56) -

(Validity)

2.2.4.3

. (2002)

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(2002)

. (6.3)

(Pearson Correlation)

: (6.3)

الدلالة الإحصائية	قيمة ر	الفقرات	الدلالة الإحصائية	قيمة ر	الفقرات
0.000	0.704(**)	11	0.000	0.684(**)	1
0.000	0.615(**)	12	0.000	0.704(**)	2
0.000	0.608(**)	13	0.000	0.645(**)	3
0.000	0.170(**)	14	0.000	0.179(**)	4
0.000	0.473(**)	15	0.000	0.566(**)	5
0.000	0.556(**)	16	0.000	0.591(**)	6
0.156	0-.077	17	0.000	0.213(**)	7
0.000	0.672(**)	18	0.000	0.327(**)	8
0.000	0.671(**)	19	0.000	0.395(**)	9
0.000	0.449(**)	20	0.000	0.561(**)	10
0.000	0.540(**)	21			

(17)

(5.3)

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(Reliability)

3.2.4.3

			(2002)
(742)	(0.89)	(316)	(0.85)
		" "	(2000)
	(0.75)	(0.74)	
		(0.79)	(0.88)
(0.83)			

3.4.3

(25)			:
	. (1, 2,3,4,5)	—	-1
	. (6, 7,8,9,10)	—	_2
	. (11,12,13,14,15)	—	_3
	. (16,17,18,19,20)	—	_4
	. (21,22,23,24,25)	—	_5
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1.3.4.3

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(3) (4) (5) :
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الفقرات	قيمة ر	الدلالة الإحصائية	الفقرات	قيمة ر	الدلالة الإحصائية
14	0.546(**)	0.000	1	0.515(**)	0.000
15	0.552(**)	0.000	2	0.435(**)	0.000
16	0.658(**)	0.000	3	0.594(**)	0.000
17	0.642(**)	0.000	4	0.659(**)	0.000
18	0.607(**)	0.000	5	0.674(**)	0.000
19	0.624(**)	0.000	6	0.576(**)	0.000
20	0.613(**)	0.000	7	0.394(**)	0.000
21	0.738(**)	0.000	8	0.504(**)	0.000
22	0.657(**)	0.000	9	0.537(**)	0.000
23	0.690(**)	0.000	10	0.401(**)	0.000
24	0.626(**)	0.000	11	0.541(**)	0.000
25	0.594(**)	0.000	12	0.538(**)	0.000
			13	0.539(**)	0.000

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3.3.4.3

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 . (t-test) .1
 .(One Way ANOVA) .2
 .(Scheffe) .3
 (Pearson Correlation) .4
 .(Cronbach Alpha) .5
 .(SPSS)

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1.4

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(1.4)

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. ()

	3.31	9.90	139		
	2.95	9.05	118		
	2.91	9.46	100		
	3.11	9.52	357		

	4.54	20.08	139		
	4.65	19.37	118		
	5.27	20.11	100		
	4.79	19.88	359		
	2.21	8.64	139		
	2.61	8.56	118		
	2.71	8.98	100		
	2.48	8.71	357		
	9.62	42.66	139		
	10.06	40.89	118		
	11.06	42.70	100		
	10.19	42.14	357		

(1.4)

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: **2.1.4**

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(1-5)

1.2.1.4

($\alpha \leq 0.05$)
 ()
 (2.4) (t-test)
 (t-test) :2.4

0.679	0.414	355	3.20	9.61	131		
			3.06	9.46	226		
0.741	0.331	346	4.73	19.99	131		
			4.83	19.81	226		
0.853	0.185	351	2.23	8.68	131		
			2.62	8.73	226		
0.938	0.078	355	9.93	42.19	131		
			10.35	42.11	226		

($\alpha \leq 0.05$) :2.4
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(42.11) (42.19)
 . (0.05)

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2.2.1.4

 $(\alpha \leq 0.05)$

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(3.4)

:3.4

3.30	9.72	95		
2.91	9.20	204		
3.34	10.36	85		
3.11	9.52	357		
4.78	19.89	95		
4.69	19.72	204		
5.18	20.40	58		
4.79	19.88	357		
2.36	8.46	95		
2.52	8.69	204		
2.51	9.17	58		
2.48	8.71	357		
10.35	41.95	95		
9.94	41.57	204		
10.71	44.42	58		
10.20	42.13	357		

: (3.4)

(4.4)

(One Way Analysis of Variance)

:4.4

*0.033	3.442	32.906	2	65.812		
		9.561	353	3374.907		
			355	3440.719		
0.644	0.441	10.158	2	20.316		
		23.055	345	7953.853		
			347	7974.170		
0.236	1.450	8.927	2	17.854		
		6.156	349	2148.589		
			351	2166.443		
0.173	1.761	182.586	2	365.172		
		103.670	353	36595.623		
			355	36960.795		

$(\alpha \leq 0.05)$

(4.4)

()

(Scheffe)

(5.4)

(Scheffe)

: 5.4

0.393	0.52534			
0.465	0-.64211			
0.393	0-.52534			
* 0.043	-1.16744			
0.465	0.64211			
* 0.043	1.16744			

(5.4)

()

3.2.1.4

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($\alpha \leq 0.05$)

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. (6.4)

(t-test)

(t-test)

:(6.4)

.8600	-0.176	355	3.24	9.49	198		
			2.94	9.55	159		
0.586	-0.545	346	4.79	19.75	198		
			4.80	20.03	159		
0.011	-0.2564	351	2.42	8.41	198		
			2.50	9.09	159		
0.391	-0.859	355	10.22	41.72	198		
			10.15	42.66	159		

($\alpha \leq 0.05$)

:(6.4)

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4.2.1.4

($\alpha \leq 0.05$)

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. (7.4)

:7.4

3.11	9.12	114		
3.02	9.51	209		
3.29	10.75	34		
3.10	9.50	357		
4.71	18.95	114		
4.80	20.11	209		
4.48	21.50	34		
4.79	19.87	357		
2.64	8.37	114		
2.46	8.83	205		
1.86	9.06	34		
2.48	8.70	357		

10.09	40.20	114	
10.17	42.63	209	
9.48	45.24	34	
10.17	42.09	357	

(7.4)

. (8.4)

(One Way Analysis of Variance)

:(8.4)

* 0.028	3.608	34.228	2	68.456		
		9.486	353	3348.533		
			355	3416.989		
* 0.015	4.235	95.612	2	191.225		
		22.575	344	7765.939		
			346	7957.164		
0.200	1.617	9.920	2	19.840		
		6.135	349	2141.020		
			351	2160.861		

* 0.021	3.914	398.388	2	796.775		
		101.776	353	35926.784		
			355	36723.559		

($\alpha \leq 0.05$)

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() ()

(Scheffe)

. (9.4)

(Scheffe)

:9.4

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0.548	0-.3939			
* 0.028	-1.63477			
0.548	0.39394			
0.100	-1.24083			
* 0.028	1.6347			
0.100	1.2408			
0.117	-1.16287			
* 0.029	-2.5446			
0.117	1.1628			
0.312	-1.3817			

* 0.029	2.5446			
0.312	1.3817			
0.118	-2.43461			
* 0.042	-5.04067			
0.118	2.43461			
0.387	-2.60606			
* 0.042	5.04067			
0.387	2.60606			

(9.4)

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: **5.2.1.4**

($\alpha \leq 0.05$)

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(10.4)

: 10.4

2.99	9.23	230		
3.24	9.72	111		
2.48	12.25	16		
3.11	9.52	357		
5.04	19.58	230		
4.36	20.09	111		
2.81	22.73	16		
4.79	19.88	357		
2.65	8.6916	230		
2.10	8.6091	111		
2.16	9.81	16		
2.48	8.71	357		
10.62	41.60	230		
9.28	42.21	111		
7.06	49.37	16		
10.19	42.14	357		

(10.4)

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. (11.4)

* 0.001	7.629	71.214	2	142.428		
		9.335	354	3304.664		
			356	3447.092		
* 0.041	3.219	73.050	2	146.100		
		22.690	345	7828.069		
			347	7974.170		
0.188	1.678	10.314	2	20.629		
		6.146	350	2151.043		
			352	2171.671		
* 0.013	4.437	452.079	2	904.158		
		101.897	354	36071.556		
			356	36975.714		

($\alpha \leq 0.05$)

() ()

(12.4)

(Scheffe)

(Scheffe)

:12.4

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0.389	-0.4859			
* 0.001	-3.0152			
0.389	0.48594			
* 0.009	-2.5292			
*0.001	3.0152			
*0.009	2.5292			
0.663	-0.5034			
* 0.048	-3.14589			
0.663	0.5034			
0.133	-2.6424			
* 0.048	3.1458			
0.133	2.6424			
0.872	-0.6118			
* 0.013	-7.77065			
0.872	.61187			
* 0.031	-7.15878			
* 0.013	7.77065			
* .031	7.15878			

(12.4)

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3.1.4

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(13.4)

:13.4

	12.05	54.61	139	
	11.41	52.71	118	
	12.39	53.12	100	
	11.97	53.63	357	

) : (13.4)
 ((53.63)
 . (11.97)

4.1.4

) ()
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(6-10)

1.4.1.4

($\alpha \leq 0.05$)
 ()
 . (14.4) (t-test)

(t-test) :14.4

0.260	340	1.128	11.80	54.57	131		
			12.06	53.07	226		

($\alpha \leq 0.05$) (14.4)
 ()

(53.07)

(54.57)

.(0.05)

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2.4.1.4

($\alpha \leq 0.05$)

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.(15.4)

:15.4

11.57	52.97	95		
11.75	53.20	204		
13.26	56.03	58		
11.98	53.61	357		

(15.4)

.(16.4)

(One Way Analysis of Variance)

:16.4

0.251	1.388	198.744	2	397.489		
		143.224	338	48409.637		
			340	48807.126		

(16.4)

($\alpha \leq 0.05$)

(0.05)

: **3.4.1.4**

($\alpha \leq 0.05$)

()

(t-test)

.(17.4)

(t-test)

:17.4

0.579	340	-0.556	12.35	53.31	159		
			11.50	54.03	198		

($\alpha \leq 0.05$)

(17.4)

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(53.31)

(54.03)

(0.05)

: **4.4.1.4**

($\alpha \leq 0.05$)

()

(18.4)

:18.4

11.66	50.68	114		
12.21	55.00	209		
9.89	54.56	34		
11.97	53.60	357		

($\alpha \leq 0.05$)

(18.4)

(50.68)

.(54.56) (55.00)

(19.4)

(One Way Analysis of Variance)

:19.4

* 0.009	4.76	668.241	2	1336.48		
		140.335	338	47433.071		
			340	48769.55		

($\alpha \leq 0.05$).

()

(Scheffe)

(20.4)

(Scheffe)

:20.4

* 0.010	-4.31776			
0.268	-3.88026			
* 0.010	4.31776			
0.981	0.43750			
0.268	3.88026			
0.981	-0.43750			

(20.4)

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5.4.1.4

($\alpha \leq 0.05$)

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(21.4)

:21.4

12.46	52.87	230		
11.31	54.71	111		
7.28	57.33	61		
11.97	53.63	357		

(21.4)

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(One Way Analysis of Variance)

: (22.4)

0.204	1.597	228.041	2	456.082		
		142.835	339	48421.23		
			341	48877.31		

(22.4)

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($\alpha \leq 0.05$)

(0.05)

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5.1.4

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. (23.4)

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	4.50090	14.4150	139		
	4.19373	14.8131	118		
	4.01273	16.0891	100		
	4.31983	15.0113	357		
	3.01897	10.3333	139		
	2.95394	9.8241	118		
	3.03012	10.1275	100		
	3.00179	10.1204	357		
	3.83315	12.2449	139		
	4.00432	12.9439	118		
	4.25031	12.9307	100		
	4.01012	12.6507	357		
	3.74640	13.2449	139		
	4.22690	13.8972	118		
	4.73387	13.5545	100		
	4.18851	13.5296	357		
	4.86227	15.2517	139		
	4.17071	15.9626	118		
	4.66752	15.8812	100		
	4.60695	15.6451	357		
	12.77324	65.4898	139		
	13.50150	66.9074	118		
	14.24711	68.0098	100		
	13.43110	66.6387	357		

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:23.4

.(13.43110)

(
(66.6387)

6.1.4

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1.6.1.4

($\alpha \leq 0.05$)

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.(24.4)

(t-test)

(t-test)

:24.4

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0.675	-0.419	353	4.56	14.88	131		
			4.17	15.08	622		
0.286	1.069	355	3.12	10.34	131		
			2.92	9.99	226		
* 0.010	-2.578	353	3.86	11.93	131		
			4.04	13.06	226		
* 0.019	-2.362	353	3.65	12.84	131		
			4.43	13.92	226		
0.278	-1.087	353	4.35	15.29	131		
			4.74	15.84	226		
0.156	-1.422	355	11.64	65.31	131		
			14.33	67.40	226		

($\alpha \leq 0.05$)

(24.4)

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2.6.1.4

($\alpha \leq 0.05$)

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. (25.4)

25.4:

4.52	14.78	95		
4.06	15.45	204		
4.65	13.89	58		
4.31	15.02	357		
3.09	10.11	95		
2.90	9.93	204		
3.17	10.78	58		
3.00	10.11	357		
4.08	12.22	95		
4.06	12.93	204		
3.68	12.33	58		
4.01	12.64	357		
3.99	13.62	95		
4.22	13.52	204		
4.47	13.40	58		
4.19	13.53	357		
5.38	14.84	95		
4.11	16.01	204		
4.80	15.64	58		
4.61	15.64	357		
13.58	65.58	95		
13.67	67.28	204		
12.47	66.07	58		
13.44	66.64	357		

(25.4)

. (26.4)

(One Way Analysis of Variance)

:26.4

* 0.045	3.136	57.75	2	115.51		
		18.42	351	6465.25		
			353	6580.77		
0.163	1.824	16.40	2	32.80		
		8.992	353	3174.23		
			355	3207.04		
0.298	1.215	19.54	2	39.09		
		16.09	351	5648.05		
			353	5687.15		
0.953	0.048	0.85	2	1.70		
		17.68	351	6208.45		
			353	6210.15		
0.124	2.101	44.43	2	88.86		
		21.14	351	7422.56		
			353	7511.43		
0.562	0.577	104.66	2	209.33		
		181.33	353	64010.64		
			355	64219.97		

($\alpha \leq 0.05$)

(26.4)

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(Scheffe)

.(27.4)

(Scheffe)

:27.4

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0.460	-0.665			
0.462	0.894			
0.460	0.665			
0.054	0.560			
0.462	-0.894			
* 0.054	-01.56			

: (27.4)

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3.6.1.4

($\alpha \leq 0.05$)

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(28.4)

(t-test)

(t-test)

:28.4

*0.040	-0.153	353	4.506	14.97	159		
			4.091	15.05	198		
0.471	-0.136	355	3.076	10.10	159		
			2.916	10.14	198		
0.386	1.318	353	4.187	12.90	159		
			3.770	12.33	198		
0.251	1.511	353	3.954	13.83	159		

			4.444	13.15	198		
0.142	0.268	353	4.731	15.70	159		
			4.462	15.57	198		
*0.047	0.472	355	14.487	66.93	159		
			12.021	66.26	198		

($\alpha \leq 0.05$)

(28.4)

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4.6.1.4

($\alpha \leq 0.05$)

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. (29.4)

:29.4

4.405	15.46	114		
4.224	15.09	209		
4.234	13.06	34		
4.320	15.02	357		
2.813	9.47	114		
3.089	10.31	209		
2.731	11.09	34		
3.004	10.11	357		
4.258	13.40	114		
3.877	12.37	209		

3.613	12.06	34		
4.000	12.66	357		
4.298	14.57	114		
4.034	13.13	209		
4.227	12.60	34		
4.187	13.54	357		
4.672	16.77	114		
4.275	15.53	209		
5.067	12.63	34		
4.606	15.65	357		
15.681	68.63	114		
11.907	66.45	209		
12.850	61.45	34		
13.41729	66.6882	357		

: 29.4

(30.4)

(One Way Analysis of Variance)

:30.4

* 0.018	4.088	74.999	2	149.997		
		18.347	351	6439.82		
			353	6589.81		
* 0.008	4.888	42.172	2	84.345		

		8.833	353	3117.93 3		
			355	3204.27 8		
0.058	2.862	45.321	2	90.642		
		15.834	351	5557.68 8		
			353	5648.33 1		
* 0.005	5.304	90.790	2	181.581		
		17.118	351	6008.28 3		
			353	6189.86 4		
* 0.000	11.072	222.302	2	444.604		
		20.077	351	7047.03 7		
			353	7491.64 1		
* 0.023	3.797	672.932	2	1345.86 4		
		177.231	353	62562.5 2		
			355	63908.3 9		

($\alpha \leq 0.05$)

(30.4)

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(Scheffe)

. (31.4)

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(Scheffe)

:31.4

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0.764	0.36			
* 0.019	2.40			
0.764	-0.368			
* 0.041	2.035			
* 0.019	-2.40			
* 0.041	-2.03			
0.055	0-.83			
* 0.024	-1.61			
0.055	0.83			
0.376	0-.77			
* 0.024	1.61			
0.376	0.77			
* 0.013	1.43			
0.058	1.96			
* 0.013	-1.43			
0.790	0.53			
0.058	-1.96			
0.790	0-.53			
0.062	1.24			
* 0.000	4.14			

0.062	-1.24			
* 0.003	2.89			
* 0.000	-4.14			
* 0.003	-2.89			
0.374	2.17			
* 0.025	7.17			
0.374	-2.17			
0.136	5.00			
* 0.025	-7.17			
0.136	0-5.00			

(31.4)

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5.6.1.4

($\alpha \leq 0.05$)

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(32.4)

: 32.4

4.20	15.57	230		
4.43	14.18	111		
3.55	12.68	16		
4.31	15.01	357		
3.06	9.84	230		
2.86	10.35	111		
1.631	12.43	16		
3.00	10.12	357		
3.90	13.15	230		
4.02	11.63	111		
4.27	12.43	16		
4.01	12.65	357		
4.30	13.91	230		
3.91	12.95	111		
3.67	12.06	16		
4.18	13.52	357		
4.53	16.03	230		
4.51	15.12	111		
5.67	13.68	16		
4.60	15.64	357		
13.69	68.02	230		
12.34	64.25	111		
14.73	63.31	16		

13.43	66.63	357		
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(32.4)

(33.4)

(One Way Analysis of Variance)

:33.4

* 0.002	6.536	118.27 1	2	236.54 2		
		18.095	352	6369.41 3		
			354	6605.95 5		
* 0.002	6.221	54.456	2	108.912		
		8.754	354	3098.90 9		
			356	3207.82 1		
* 0.004	5.511	86.424	2	172.848		
		15.681	352	5519.83 9		
			354	5692.68 7		

0.050	3.012	52.241	2	104.482	
		17.346	352	6105.958	
			354	6210.439	
0.051	2.999	62.944	2	125.888	
		20.987	352	7387.391	
			354	7513.279	
* 0.031	3.511	624.560	2	1249.121	
		177.885	354	62971.26	
			356	64220.38	

($\alpha \leq 0.05$)

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(Scheffe)

(34.4)

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(Scheffe)

:34.4

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* 0.018	1.39(*)		
0.033	2.89()		

0.018	1.39()			
0.424	1.49			
0.033	-2.89()			
0.424	0-1.49			
0.339	0-.50			
* 0.004	-2.58(*)			
0.339	0.50353			
0.032	-2.08()			
0.004	2.58()			
* 0.032	2.08(*)			
* 0.005	1.51(*)			
0.781	0.72			
* 0.005	-1.51(*)			
0.753	-0.79			
0.781	-0.72			
0.753	0.79			
0.052	3.76			
0.395	4.70			
0.052	-03.76			
0.966	0.93			
0.395	-4.70			
0.966	-0.93			

(34.4)

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: **7.1.4**

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: **1.7.1.4**

($\alpha \leq 0.05$)

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(Pearson Correlation)

(35.4)

(Pearson Correlation)

:35.4

-0.464**	0.655**		
-0.661**		0.655**	

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 ($\alpha \leq 0.05$) **
 (35.4)



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(Jackson &Cochran ,1990)

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(Hsu &Hailey,Range,1986)

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(Roscoe&Skomski ,1989)

(Weeks,1990)

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(Jackson &Cochran ,1990)

(Medora&Woodward ,1986)

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Al-Quds University
Faculty of Arts
Department of Education & Psychology

جامعة القدس
كلية الآداب
دائرة التربية وعلم النفس

الرقم: ت ع 258/12/نا
التاريخ: 2007/11/3

حضرة نائب الرئيس للشؤون الأكاديمية المحترم
جامعة بيرزيت

الموضوع: تسهيل مهمة

تحية طيبة وبعد،
تقوم الطالبة: زلفى محمد مرعي ورقمها الجامعي (20511702)، بدراسة تتعلق برسالة ماجستير بعنوان:
" درجة الشعور بالوحدة النفسية وعلاقتها بمتغيري الاكتئاب والاعتراب النفسي لدى طلبة الجامعات
الفلسطينية "
لذا يرجى من حضرتكم تسهيل مهمة الطالبة المذكورة أعلاه والتعاون معها في تطبيق الاستبانة.

شاكركم لكم حسن تعاونكم.

والله الموفق

د. غسان سرحد
رئيس دائرة التربية وعلم النفس
جامعة القدس

نسخة: أ.د. منذر الدجاني المحترم / عميد كلية الآداب

(6)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Al-Quds University
Faculty of Arts
Department of Education & Psychology



جامعة القدس
كلية الآداب
دائرة التربية وعلم النفس

الرقم: ت ع د/259/12
التاريخ: 2007/11/3

حضرة نائب الرئيس للشؤون الأكاديمية المحترم
جامعة الخليل

الموضوع: تسهيل مهمة

تحية طيبة وبعد،

تقوم الطالبة: زلفى محمد مرعي ورقمها الجامعي (20511702)، بدراسة تتعلق برسالة ماجستير بعنوان:
"درجة الشعور بالوحدة النفسية وعلاقتها بمتغيري الاكتئاب والاعتراب النفسي لدى طلبة الجامعات
الفلسطينية"

لذا يرجى من حضرتكم تسهيل مهمة الطالبة المذكورة أعلاه والتعاون معها في تطبيق الاستبانة.

شاكرين لكم حسن تعاونكم.

والله الموفق



د. غسان سرحان
رئيس دائرة التربية وعلم النفس

نسخة: أ.د. منذر التجاني المحترم / عميد كلية الآداب

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Al-Quds University
Faculty of Arts
Department of Education & Psychology



جامعة القدس
كلية الآداب
دائرة التربية وعلم النفس

الرقم: د ع 260/12
التاريخ: 2007/11/3

د. مريم فريد الزهر
د. هويدا بركان
بالوفقة

د. مريم فريد الزهر
د. هويدا بركان
5/11/07

حضرة د. سعيد زيداني المحترم
ق.أ. نائب الرئيس للشؤون الأكاديمية

5/11/07

الموضوع: تسهيل مهمة

تحية طيبة وبعد،

تقوم الطالبة: زلفى محمد مرعي ورقمها الجامعي (20311702) براسة تعلق برسالة ماجستير بعنوان:
"دراسة الشعور بالهزيمة النفسية وعلاقتها بمتفكري الانتداب والاخبار الفلسفي لدى كلية البنات
الاسكندرية"

لذا يرجى من حضرتكم تسهيل مهمة الطالبة المذكورة أعلاه والتعاون معها في تعيين الأستاذة.

شاكرين لكم حسن تعاونكم.

والله التوفيق



د. غسان مبرحان
رئيس دائرة التربية وعلم النفس

بصفة: أ.د. منذر الشجاعي المنخرم / صيد كلية الآداب

فهرس الجداول

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فهرس المحتويات

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