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A handwritten signature in blue ink, consisting of several overlapping, sweeping strokes that form a cursive, illegible name.

2012/2/18 :

Fischer and Turner (1970) من ترجمة وتقنين
O'Neil

2011-2010

65.11%

15.32%

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Abstract

The present study aimed to identify the attitudes of first-year male students at Bethlehem and Hebron universities, toward seeking psychological counseling service and its relationship with gender role conflict among them, and some other variables.

In order to achieve the objectives of the study the researcher adopted the Correlational descriptive approach. A questionnaire was used as a tool to collect the study data, consisting of two measurements: first, the attitude towards seeking psychological counseling service measurement, prepared by Fischer and Turner (1970) , translated by Al Qrenawi, and the second was the gender role conflict measurement tool , prepared by O'Neil which was translated by the researcher and presented to a panel of arbitrators to make it appropriate and suitable to the Palestinian environment and culture.

The study sample consisted of 236 first year male students from Bethlehem and Hebron universities, in their second semester of the year 2010-2011. Those students were selected according to a Convenience random sample.

The results about the nature of the attitudes toward seeking psychological counseling service showed that 65.11% of the respondents were not sure of their answers and were reluctant to request psychological counseling; 19.57% of the respondents had negative attitudes, and 15.32% had positive attitudes towards seeking psychological counseling service. The negative and the reluctant attitudes of the respondents were attributed to the fact that the respondents are first-year students and therefore the information and knowledge about the nature of psychological counseling is unclear, few and relies on the stereotypes and misconceptions in the society. On the other hand the results indicated that there is a relationship of statistical significance level between the study variables (the residential area, place of residence, education level of the father, and the level of education of the mother) and the “negative” attitudes of the respondents toward seeking psychological counseling help. The results showed a relation between the study variable "the residential area of Southern West Bank, and the negative attitudes toward seeking psychological counseling help. The results also showed a relation between the study variable place of residence; refugee camps, and the negative attitudes toward seeking psychological counseling help. The results also showed a relation between the study variable, the father’s level of education; elementary, and the negative attitudes toward seeking psychological counseling help. Finally, the results also showed a relation between

the study variable the mother's level of education; secondary and the negative attitudes toward seeking psychological counseling help.

Also, the results concerning the degree of gender role conflict among respondents showed, that 41.7% of respondents were reluctant regarding the concept of gender role conflict; 30.21% of the respondents had a low degree of gender role conflict, and 28.09% of the respondents had a high degree of gender role conflict. The reluctant state and the low degree of gender role conflict among the respondents were attributed to the ages of the students (18-20), since this age reflects the confusion and the examination of the concepts of masculinity that the student grew by before enrolling in the university. Also, the reluctant state and the low degree of gender role conflict among the respondent were explained as being in accordance with the prevailing local culture in Bethlehem and Hebron districts. On the other hand results showed, that there was a statistical significance level between the study variables (father's and mother's level of education) and the high degree of gender role conflict for the respondents. The results showed a relation between the study variable, the father's level of education; illiterate, and the high degree of gender role conflict the respondents had. The results also showed a relation between the study variable; the mother's level of education; illiterate, and the high degree of gender role conflict the respondents had.

Results also showed that there was a level of statistical significant inverse relationship between the degree of gender role conflict, and the attitudes towards seeking psychological counseling service. This means, that the greater the degree of gender role conflict among the respondents, the more negative the attitudes toward psychological counseling service and vice versa.

In light of these results of the study, the researcher recommended a set of recommendations, perhaps the most important of which is holding and developing the community and media workshops to raise awareness about the nature of the counseling process in general and specially for men, where it is important to adapt the therapeutic programs to the different natures of men and especially to the traditional men. The study has also recommended holding further studies that focuses on studying the attitude of men towards seeking psychological counseling service and the different attributes that affect these attitudes.

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.(O'Neil,2008)

Face to Face

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. (O'Neil,2008)

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Brooks,)

.(1998; Mahlik & Adiss, 2003

.(O'Neil, 2008)

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.(Berger et al, 2005)

(2003)

: Mahalik & Adiss

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Ang et al ;2004 ;2009)

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.(Blazina & Marks,2001; Blazina & Watkins, 1996; Good & Wood, 1995)

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1.6.2 عوامل قد تؤثر على الاتجاهات نحو طلب خدمة الإرشاد النفسيّ

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3.7.2 تعليق على الدراسات السابقة

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‘(Gender Relationship)

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نظرية العوامل البيولوجية

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(1991 ; 2009).

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.(Connell,1995)

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.(Connell,1995)

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.(Brooks,1998)

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Bem

Gender Schema Theory

http://en.wikipedia.org/wiki/Gender_schema_theory

.(2008 ;2006)

Piaget ()

.(2006) .

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Pandora ()

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Modeling

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(1991 ;2004)

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identification

(2004) .

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Linton

Social role Theory

Reinforcement & Punishment

(2009)

Gender socialization theory

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(2003, Mahalik & Addis :2008)

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Terry Lovell

.(2008)

.(Conell,1995)

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.(Brooks,1998; Levant& Pollack, 1995; O'Neil, 2008)

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(Pleck, 1982)

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(1996) Blazina & Watkins

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Levant &)

.(Pollack, 1995

Psychological Attitudes

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Attitude

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(2001) Blazina & Marks

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Frame of References

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Pavlov

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Skinner

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.(2011)

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Lewin

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Cognitive Dissonance

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Festinger

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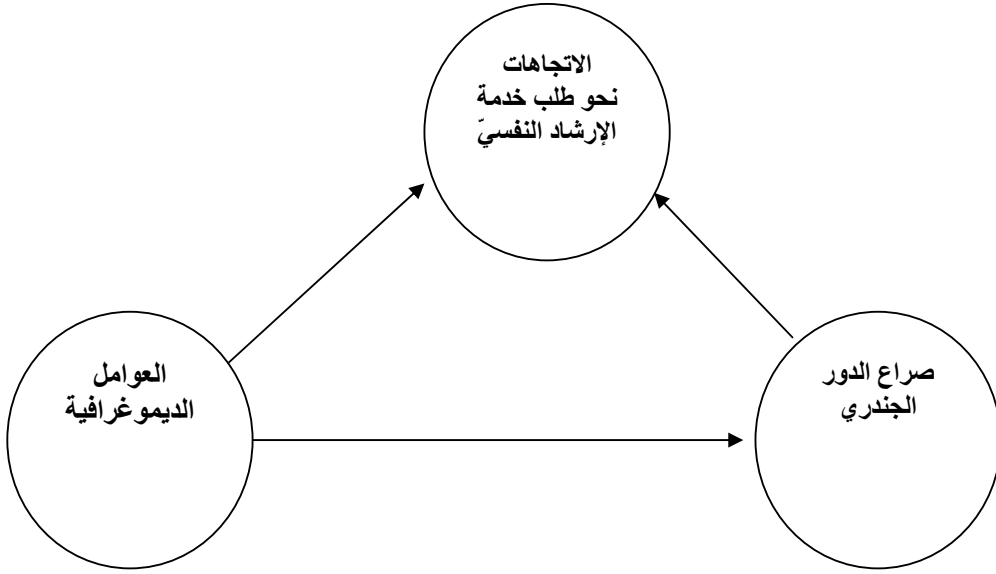
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Lane & (2003) (2007) Goh et al (2004) Ang et al
. (2005) Adiss

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(2005) Berger et al

(2004) Ang et al (2003) (2009)

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(2007)Goh et al

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Goh et) .

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(Corrigan,2004)

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.(Corrigan,2005; Corrigan, 2004)

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(1995) Good & Wood
Berger et al (2005) Lane & Adiss
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Kiresski & (2009)Blazina

(2000) Hayes & Mahalik (1998) Mahalik et al
(1989) Glene et al (2005) Lane & Adiss
(2005) Berger et al (1996) Blazina & Watkins
Kiresski & (1995) Good & Wood
(1998) Mahalik et al (2009) Blazina

(1991) Stilson & O'Neil

(1989) Glaser et al

(1995) Wisch et al.

Lane & Adiss

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484

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818

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: **AL Krenawi et al (2009)**

716

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%61

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220

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:AL Darmaki (2003)

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:(1994)

706

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2.7.2

:Kierski & Blazina (2009)

68 25 " 31 .Fear of Feminine "

12
Semi-Structured Interview
وكانت أهم النتائج:

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Devaluation

.Denial

▪

:Smith et al (2008)

Theory of Planned Behavior

307

26 19

Male role norms

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:Goh et al (2007)

1453

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:Berger et al (2005)

Alexithymia

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:Lane & Addis (2005)

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: Ang et al (2004)

163

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:Blazina & Marks (2001)

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:Mahalik & Cournoyer (2000)

187

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:Hayes & Mahalik (2000)

99

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:Mahalik et al (1998)

115

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.Projection

Turning against self

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منطقة او تبرير

.المشاعر بطريقة عقلية Intellectualization

:Blazina & Watkins (1996)

148

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:Good & Wood (1995)

19

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:Wisch et al (1995)

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:Stillson et al (1991)

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:Glenn et al (1989)

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(Ang et al, 2004)

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(Goh et al.2007)

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Berger et (1996)Blazina & Watkins (1989)Good et al.
Kierski & Blazina (1995) Good & Wood (2005)al
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(1998) Mahalik et al
Good et (2005) Lane & Adiss (2000) Hayes & Mahalik
(2005)Berger et al (1996)Blazina & Watkins (1989)al
. (1995) Good & Wood

. (2001)Blazina & Marks (1995) Wisch et al.

(O'Neil, 2008)

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2011-2010 %5

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% 64.3	151	
% 35.7	84	
%100	235	المجموع

(1.3)

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% 37.4	88	18
% 49.8	117	19
% 9.4	22	20
% 2.1	5	21
% .9	2	22
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%100	235	

19

(2.3)

%87.2

19 18

.% 12.8

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%0.9	2	
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(3.3)

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% 88.5	208	
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% .4	1	
% 100	235	

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% 23.4	55	
% 71.5	168	
%0.9	2	
% 100	235	

(5.3)

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% 6.4	15	
% 48.5	114	
% 42.6	100	
% 2.1	5	
% 0.4	1	
% 100	235	

%48.5

(6.3)

%42.6

%6.4

:7.3

% 3.0	7	
% 17.9	42	
% 28.9	68	
% 21.7	51	
% 28.5	67	
% 100	235	

(7.3)

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:8.3

% 11.1	26	
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% 11.5	27	
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(Gender Role Conflict Scale) :

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(Attitudes toward Seeking Psychological Help Scale)

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Men Gender Role Conflict Scale

(1986) O'Neil

37

(6-1)

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22

: 36

23 22 21 18 14 12 8 5 1 : (13) .1
.36 33 31 27

29 28 24 19 15 13 9 6 2 : (9) 2. عدم الإنفتاح في المشاعر

20 16 10 7 3 : (8) 3. الخوف من الإنفتاح في المشاعر بين الرجال
.34 32 25

11 4 : (4. الصراع (عدم التوازن) مابين المهنة والعلاقات العائلية (6))
 .35 30 26 17

(5-1)

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Attitudes Toward Seeking

Psychological Help Scale

1970 Fischer and Turner

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(3-0)

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 28-27-20
 29-22-21-17-13-10-7 () .3
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(2009)
 (1993) (2003) (1994)
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 (0.84)
 .(0.78-0.69)

31
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(Pilot Study)

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Chronbach)

(Alpha

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0.91	0.827	67

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(0.827)

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:11.3

	Friedman's Chi-Square				
		7.535	126	949.393	
.000	1389.502	32.593	66	2151.167 ^a	
		1.302	8316	10825.489	
		1.548	8382	12976.657	
		1.637	8508	13926.049	

(11.3)

(0.000)

($\alpha = 0.05$)

على العينة التجريبية

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2011-2010

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(SPSS)

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-
- (Independent T test) " "
- (ANOVA with Friedman's Test)
- (Chi-Square test)
- (Kendall's tau)

.(Spearman's rank correlation coefficient)

.(Regression)

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	2.4
	3.4
	4.4
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1.4

: 1.1.4

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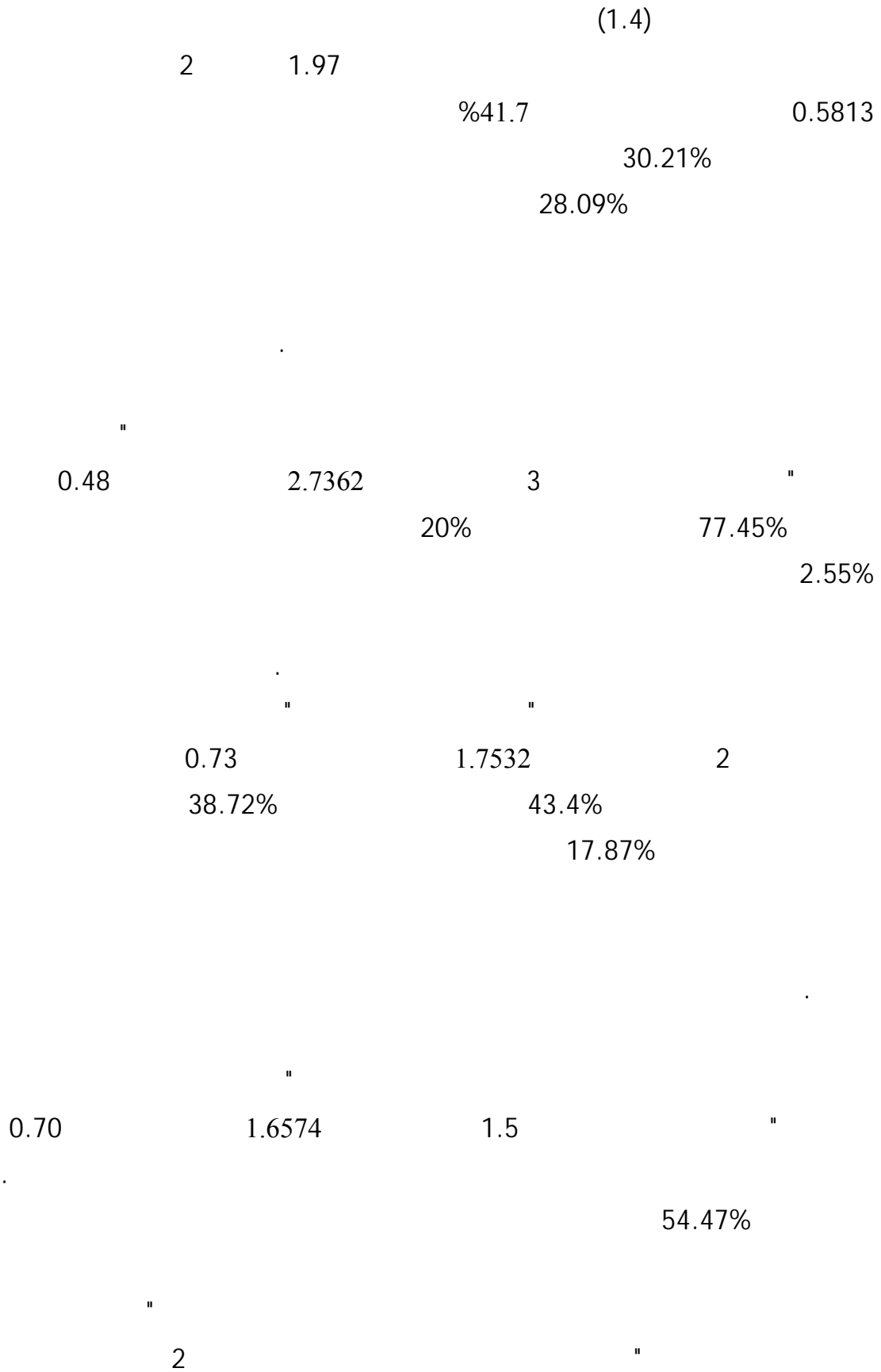
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:1.4

المحور	معارض	متردد	موافق	المتوسط الحسابي	الوسيط	الانحراف المعياري	اتجاه المحور بشكل عام
النجاح والقوة والمنافسة	6	47	182	2.7362	3	.48323	موافق
	2.55%	20.00%	77.45%				
عدم الإنفتاح في المشاعر	102	91	42	1.7532	2	.73579	متردد يميل للمعارضة
	43.40%	38.72%	17.87%				
الخوف من الإنفتاح في المشاعر بين الرجال	128	61	46	1.6574	1.5	.70309	معارض
	54.47%	25.96%	19.57%				
الصراع ما بين المهنة والعلاقات العائلية	93	69	73	1.9362	2	.69351	متردد يميل للمعارضة
	39.57%	29.36%	31.06%				
اجمالي مقياس صراع الدور الجندي	71	98	66	1.9723	2	.58130	متردد يميل للمعارضة
	30.21%	41.70%	28.09%				



39.57%

29.36%

0.69

31.06%

1.94

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	0.6215	2	1.7851	43 18.30%	91 38.72%	101 42.98%	
	0.7543	2	2.2617	108 45.96%	82 34.89%	45 19.15%	
	0.7509	2	1.9340	60 25.53%	100 42.55%	75 31.91%	
	0.6600	2	1.9468	47 20.00%	127 54.04%	61 25.96%	
	0.5791	2	1.9532	36 15.32%	153 65.11%	46 19.57%	

			(2.4)	
0.57914	2	1.95		65.11%
	15.32%	، وقد		19.57%
	"	(2.4)		
1.78	2		"	
38.72%		42.98%	0.62	
		18.3%		
		"	"	
	"			
2.26	2		"	
			0.75	
45.96%		()	
19.15%				34.89%
			،	
	"	(2.4)		
1.93	2		"	
		42.55%	0.75	
		25.53%		31.91%

(3.4)

()

($0.05 \geq \alpha$)

()

($0.05 \geq \alpha$)

1

:4.4

:4.4

%95					
2.5470	1.6673	.47559	2.1071		
2.2143	1.8214	.63051	2.0179		
1.9974	1.7158	.58162	1.8566		
2.1406	1.8201	.56974	1.9804		
2.1789	1.9032	.56508	2.0410		
2.2712	1.8250	.55236	2.0481		
2.1805	1.8195	.60066	2.0000		
2.0570	1.8180	.60237	1.9375		
2.2408	1.8147	.53858	2.0278		
2.1329	1.7421	.57748	1.9375		

(4.4)

(2.107)

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.(1.856)

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(1.937) (

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5.4

($0.05 \geq \alpha$)

(Chi-Square test)

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:5.4

Sig.	d.f.	Chi-Square	Kendall's tau
.585	20	18.035	.020
.847	4	1.382	-.070
.951	4	.705	-.021
.025	8	20.083	.468
.027	12	12.774	.351
.000	16	26.945	.714
.002	16	28.117	.755
.129	8	10.013	.164
.527	6	4.226	.107

(5.4)

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($0.05 \geq \alpha$)

(5.4)

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($0.05 \geq \alpha$)

(1)

.(6.4)

:6.4

%95					
2.3782	1.5218	.59861	1.9500		
2.0013	1.6897	.57633	1.8455		
2.0767	1.8995	.58153	1.9881		
2.3202	1.8132	.45774	2.0667		
2.0995	1.8829	.58364	1.9912		
2.0033	1.7767	.57111	1.8900		
2.2067	1.5076	.37796	1.8571		
2.1947	1.8053	.62470	2.0000		
2.0943	1.8321	.54167	1.9632		
2.1350	1.8454	.51469	1.9902		
2.0552	1.7359	.65446	1.8955		
2.0907	1.6401	.55781	1.8654		
2.0903	1.7320	.59628	1.9111		
2.1404	1.8996	.60686	2.0200		
2.1136	1.7383	.47442	1.9259		
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.057	-.145	-.227	.017	-.450		
.385	.026	.000	.796	.000		
.039	-.119	.009	-.316	-.045		
.550	.068	.895	.005	.490		
-.003	-.222	-.155	.051	-.105		
.968	.011	.017	.440	.107		
.236	-.015	-.150	.228	.005		
.017	.823	.021	.032	.944		
.032	-.233	-.397	.010	-.129		
.627	.021	.002	.884	.047		

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	R	R	R
.29801	.62	.55	.74

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0.031	14.838	.074	10	.744	
		.089	140	12.433	
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Stepwise Multi Regression

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ANOVA (9.4)

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Sig.	t				
		Beta	Std. Error	B	
.018	2.390		.705	1.686	
.829	-.216	-.018	.030	-.006	
.496	-.682	-.058	.051	-.035	
.228	1.212	.102	.308	.373	
.229	-1.207	-.121	.091	-.110	
.015	.386	.035	.051	.020	
.500	.676	.061	.041	.028	
.002	1.230	.117	.025	.030	
.003	-.718	-.074	.026	-.018	
.241	1.176	.112	.042	.049	
.801	-.253	-.026	.063	-.016	

Z- Score (10.4)

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.Model Summary :11.4

	R	R	R
.22451	.68	.62	0.79

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.029	21.983	.100	10	1.004	
		.051	155	7.845	
			165	8.848	

(Stepwise) (Multi Regression)
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Sig.	t	Beta	Z-Score		
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.137	1.494	.115	.037	.055	
.613	-.507	-.040	.234	-.119	
.248	-1.159	-.111	.065	-.076	
.001	1.525	.128	.033	.051	
.003	1.821	.154	.030	.055	
.000	.898	.078	.017	.015	
.001	-1.738	-.159	.018	-.032	
.032	2.166	.195	.030	.065	
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كلية الصحة العامة

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الرقم: ك ص ع / 291 / 2010

حضرة أ. محمود حماد المحترم
مسئد شؤون الطلبة / جامعة بيت لحم

الموضوع: مساعدة الطالب حسن فرج

نرجو من حضرتكم الإيعاز لمن يلزم بمساعدة الطالب حسن جابر فرج وهو طالب ماجستير برنامج الصحة النفسية المجتمعية/ كلية الصحة العامة، حيث يقوم بإعداد رسالة الماجستير حول " صراع الدور الجندي لدى المتطوعة الذكور وعلاقته بتوجهاتهم نحو طلب خدمة الإرشاد النفسي " ويرغب في الحصول على إحصائيات حول عدد طلاب الكالوريوس الذكور (سنة أولى) وتوزيعهم على الكليات حسب التخصصات.

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كلية الصحة العامة

التاريخ: 2010/11/6
الرقم: لك ص ع/392/2010

حضرة د. نمر أبو زهرة المحترم
نائب الرئيس للعلاقات العامة/ جامعة الخليل

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نرجو من حضرتكم الإيعاز لمن يلزم بمساعدة الطالب حسن جابر فرج وهو طالب ماجستير برنامج الصحة النفسية المجتمعية/ كلية الصحة العامة، حيث يقوم بإعداد رسالة الماجستير حول " صراخ الدور الجندي لدى الطلبة الذكور وعلاقته بتوجهاتهم نحو طلب خدمة الإرشاد النفسي " ويرغب في الحصول على إحصائيات حول عدد طلاب البكالوريوس الذكور (سنة أولى) وتوزيعهم على الكليات حسب التخصصات.

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