

## ***ABSTRACT***

### ***“A study of the psychosocial problems of diabetic clients and its impact of quality of life in Gaza Governorates”***

The current study aims to discover the effect of some psychological problems “depression, anxiety”, some social problems and some demographic variables on the quality of life level for diabetic clients “both male & female “ in Gaza Governorates.

The study problem determines by the main following question: “What is the impact of psychosocial problems of diabetic clients on the quality of life in Gaza Governorates?”

This main question branched to 11 questions, they will be answered through the results. The researcher used the following tools:

Depression scale, Anxiety scale, Social problem scale. Health socioeconomic scale. All of scales (prepared by the researcher) and Quality of life scale. (Prepared by Australian WHOQoL 2001, was arabized by Yousef Aljeesh (2003). The sample of this study is composed of (378) diabetic clients as (129) males and (249-female and probability random sample was used to select the sample.

The results of this study are

There are statistical significant differences between Males and Females in quality of life toward males. There are statistical significant differences between the low and high depression in quality of life toward low depression and there are statistical significant differences between the low and high anxiety in quality of life toward low anxiety .there are statistical significant differences between the low and high affected by

social problem in quality of life toward those who are affected by low social problems.

The current study explain differences between the control and uncontrolled of blood glucose level among sample of study in quality of life toward those who are controlled of blood glucose level. and there are positive statistical significant differences in the quality of life according to classification of age of the disease. There are positive statistical significant differences in quality of life refer to client Education level among the individuals of the Sample of Study (preparatory school or less-secondary-university or more.) and There are positive statistical significant differences in the quality of life that refer to the economic status of the Current Sample.

The study variables have deferent effect on the quality of life as the following descending order (depression, anxiety, social problem, education level, economic level, diabetic control, age of disease. and sex) sea and age of diagnosis ,age , have no effect on the quality of life .regression equation used to meet this result